

Who Switched Off My Brain Controlling Toxic Thoughts And Emotions

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Who Switched Off My Brain? by Caroline Leaf

Who Switched Off My Brain? Controlling Toxic Thoughts and Emotions by Dr. Caroline Leaf (2007-05-03)

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this new book from dr caroline leafe is a great follow on from her first book who switched off my brain,it recognises the difference between the male and female brain and they are different and yet designed by god to compliment each other ,once we know about these things we are on a winner as far as our male femail relationships go,eg husband wife,daughters,fathers and so on.

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We can see clearly how brain science lines up with Scripture -- your mind can be renewed, toxic thoughts and emotions can be swept away and your brain really can be "switched on." In this book: Learn how toxic thoughts are like poison and how to identify "The Dirty Dozen," twelve areas of toxic thinking in our lives.

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