

The Daniel Plan Cookbook Healthy Eating For Life

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Easy, delicious recipes based on The Daniel Plan book, The Daniel Plan Cookbook: Healthy Eating for Life is a beautiful four-color cookbook filled with more than 100 delicious, Daniel Plan-approved recipes that offer an abundance of options to bring healthy cooking into your kitchen. No boring drinks or bland entrees here. Get ready to enjoy appetizing, inviting, clean, simple meals to share in community with your friends and family.

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Title: The Daniel Plan Cookbook: Healthy Eating for Life By: Rick D.Min. Warren, Daniel Amen M.D., Mark Hyman M.D. Format: Hardcover Number of Pages: 304 Vendor: Zondervan Publication Date: 2014: Weight: 2 pounds 9 ounces ISBN: 0310344263 ISBN-13: 9780310344261 Series: Daniel Plan Stock No: WW344264

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Filled with more than 100 easy and delicious recipes, The Daniel Plan Cookbook will help you enjoy healthy eating as a new way of life. Clean eating never tasted so good! The Daniel Plan Cookbook is the mouth-watering companion to The Daniel Plan book that shows you how to make recipes like Chile Verde Chicken and Mongolian Beef, as well as great American classics such as pancakes, pizza, and even mac and cheese in a more health-conscious way.

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The Daniel Plan Cookbook: Healthy Eating for Life

Bringing her own spin to healthy cooking and wholesome, nutritious ingredients, Joyce Lorick shares dozens of her original recipes in this collection, which are a must-have for anyone who wants to eat healthier while still enjoying all the luscious foodstuffs God provides us. From brownies made from beans, rice, dates, and cacao, to cream soups thickened with cashews, Cooking for the Daniel Plan delivers a set of delightfully delicious recipes that will tickle your taste buds and help you ...

Cooking For The Daniel Plan

Amber and Michael's Daniel Plan story began in February 2014. Some friends wanted to start a new plan to get healthy and invited them to take part in "The Daniel Plan". It is amazing to see how far they've come in such a short time, and that with God incredible change is possible.

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