

Acces PDF The
Book Of Shamanic
Healing

The Book Of Shamanic Healing

This groundbreaking book offers a complete "healer's toolkit" for shamanic practitioners. Along with an in-depth discussion of the theories, practices,

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and ethics of shamanic healing work, this guide gives you first-hand accounts of healing experiences from the author's practice, exercises to help you develop your skills and abilities, and ceremonies to use in your own

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practice. The Book of Shamanic Healing covers all aspects of shamanic healing in a practical manner, with instructions on how to:

- Create sacred space and healing ceremonies
- Partner with your drum to create healing
- Develop

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- your shamanic and psychic abilities •
- Free your voice and seek your power song •
- Communicate quickly and easily with spirit guides •
- Explore your shadow side •
- Perform soul retrievals and extractions safely •

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Use dreams,
stones, crystals, and
colors in healing
work • Connect to
the healing universe
and live in balance
This shamanic
journey of self-
discovery, healing
and empowerment
shares teachings
and practices to
help you rediscover

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your inner shaman
and find spiritual
connection in
modern life.

Shamans are no
longer isolated
healers in faraway
places. Their spirit
has returned and is
infusing the work of
teachers, artists and
activists, leaders in
business and

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people throughout
all areas of our
societies. We all
have an inner
shaman and this
book is for you if
you: · recognize
there's untapped
power inside you
that you want to
learn how to
harness · want to
feel a deeper

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connection to your
own nature, your
ancestors, your
community and the
intelligence of life
itself · care about
the future of life on
our planet and wish
to redress the
balance between
humanity and nature
· know your purpose
is to co-create a

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world that is built on
justice and
sustainability There
is a shaman in you
who was born to
play a powerful role
in our collective
awakening for our
future on Earth.
A colorful and
compelling
examination of
evidence for the

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mind's ability to
heal, taking a step
into the fascinating
world of psychic
healing and
shamanism. 80
black-and-white
photographs.

Advanced
Shamanic Healing:
Through humor,
warmth, and
honesty, Kristin

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Madden shares first-hand experience and specific details of shamanic healing practices. Drawing on a wide variety of shamanic cultures and modern practitioners, as well as the author's personal experience of over 30 years of healing, *Magick,*

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Mystery, and
Medicine provides a
unique manual for
empowering both
healer and
patient. This
inspirational book
complements any
alternative healing
practice by guiding
readers to: Learn to
use indigenous
magickal techniques

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to boost healing
power, develop the
ability to clear
intrusions and to
heal soul loss,
increase your ability
to work effectively
with plants and
animals, work with
the dying and
departed, gain
insight into
advanced shamanic

Acces PDF The Book Of Shamanic Healing

methods never
before described,
and empower
yourself to create
success, honor,
peace, and well-
being.

Today, practicing
shamanism doesn't
mean you have to
live in a rain forest
or a desert. Thanks
to a modern

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renaissance of
shamanic
spirituality,
practitioners from all
walks of life now
use powerful
indigenous
techniques for
healing, insight, and
spiritual growth.
With *Awakening to
the Spirit World*,
teachers Sandra

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Ingerman and Hank Wesselman bring together a circle of renowned Western shamanic elders to present a comprehensive manual for making these practices accessible and available in our daily lives, including: How the original practice

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of shamanism
shaped the world's
spiritual traditions
and why it is still
relevant today. The
art of the shamanic
journey--a time-
tested meditative
method for
experiencing
important spiritual
lessons and truths.
Guidance for

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avoiding common
pitfalls of shamanic
practice. Instruction
for working with
your dreams,
connecting to your
spirit guides, healing
yourself and your
environment. The
core of shamanism
is the experience of
direct revelation-- to
communicate

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firsthand with your spiritual allies and discover your own power. Awakening to the Spirit World takes you through each step of developing a personal connection with your helping spirits to receive wisdom, insight, and healing energy.

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From an overview of shamanism, to your first journeys and encounters with your power animals, to expanding your skills and insight through long-term practice, here is an in-depth resource for the shamanic arts that includes:
Creating rituals and

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ceremonies for
healing and
transformation
Reconnecting with
nature to heal
ourselves and the
planet Working with
your dreams, songs,
and artistic vision to
strengthen your
practice Traditional
wisdom for
children-- healthy

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rites of passage for
each phase of a
child's journey to
adulthood Honoring
the cycle of life and
death-- shamanic
practices to prepare
for and celebrate
our final transition in
this life Excerpt
Shamanism is the
most ancient
spiritual practice

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known to
humankind and is
the “ancestor” of all
our modern
religions. As a
method, it is a form
of meditation
combined with a
focused intention to
accomplish various
things, as well
become apparent in
this book. As a

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spiritual practice, shamanism can become a way of life that may utterly transform the one who practices it.

The word “shaman” comes from the language of the Evenki peoples, a Tungusic tribe in Siberia. This is a word whose

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meaning has to do with esoteric knowledge and extraordinary spiritual abilities and as such a shaman is often defined as an intermediary between the human and spirit worlds. In shamanic cultures, the word “shaman” has come to mean

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“the one who sees
in the dark” or “the
one who knows.”

There are certain
commonalities in a
shaman's
worldview and
practice across the
world that allow us
to make certain
broad
generalizations
about shamanism.

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In the majority of indigenous cultures, the universe is viewed as being made up of two distinct realms: a world of things seen and a world of things hidden, yet that these two worlds present themselves together as two halves of a

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whole. The shaman is the inspired visionary, a man or a woman who learns through practice how to enter into this “world of things hidden,” and once there, he or she typically encounters extra-mundane personalities or

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archetypal forces that the indigenous peoples refer to as spirits, ancestors, or even gods. Reviews "Awakening to the Spirit World" takes a deep look at tapping sources of invisible power in daily life. So much of what Sandra Ingerman and Hank

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Wesselman write about is lost to modern medicine: listening to the weather and the elements, understanding death, and more. This is a courageous book that will appeal to all who long to explore the unseen world."

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—Judith Orloff, MD,
author of Emotional
Freedom "In an era
when chaos,
confusion, and
uncertainty take
center stage, the
ancestors, focused
on balancing the
energies of life, call
forth calm, clarity,
and pragmatic
direction for

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accessing the
medicine needed to
heal the individual
and collective
psyche. In this
moment in time, we
are invited into
"Awakening the
Spirit World," where
we are reassured
that we are not
alone. We are in
good company,

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indeed." —Malidoma
Patrice Some, PhD,
author of "Of Water
and the Spirit, The
Healing Wisdom of
Africa," and "Ritual:
Power, Healing, and
Community."

Dreaming the Soul
Back Home
Animals, Reiki &
Shamanism
Becoming a

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Shaman

Vodou Shaman

Shadows, Spirits
and the Healing
Journey

Deepen Your Ability
to Heal with
Visionary and
Spiritual Tools and
Practices

Sandra Ingerman We
perform ceremonies to

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mark important events and celebrate holidays—yet our modern approach to ceremony only scratches the surface of its true potential. With *The Book of Ceremony*, shamanic teacher Sandra Ingerman presents a rich and practical resource for creating

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ceremonies filled with joy, purpose, and magic. “ We are hungry to connect with more than what we experience with our ordinary senses in the material world, ” writes Sandra. “ By performing ceremonies, you will find yourself stepping into a beautiful and

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creative power you might never have imagined. ” Weaving shamanic teachings together with stories, examples, and guiding insights, *The Book of Ceremony* explores:

- The elements of a powerful ceremony—including setting strong intentions, choosing

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your space, preparing ceremonial items, and dealing gracefully with the unexpected •

Stepping into the sacred—key practices for leaving behind your everyday concerns and creating a space where magic can happen •

Guidance for working alone, in community, and across distances

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with virtual ceremonies

- Invoking spiritual allies—the power of working with the elements, the natural world, ancestor spirits, and the creative energy of the divine
- Sacred transitions—including ceremonies for weddings, births, rites of passage to adulthood, funerals,

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honorable closure, and
new beginnings •

Ceremonies for
energetic

balance—healing and
blessing, resolving
sacred contracts,

getting rid of limiting
beliefs, creating Prayer

Trees, and more •

Life as a

ceremony—how to
infuse your entire life

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with ceremonial practice, from planting a garden or to revitalizing your home or office to helping heal our planet The Book of Ceremony is more than a “ how-to ” guide—it will inspire you to create original ceremonies tailored to your own needs and the needs of your

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community. When you invoke the sacred power of ceremony, you tap into one of the oldest and most effective tools for transforming both yourself and the world. As Sandra writes, “ If you perform one powerful and successful ceremony for yourself, the principle of

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oneness ensures that all
of life heals and
evolves. ”

Combining elements of
Andrew Weil's
SPONTANEOUS
HEALING and
Carolyn Myss's
ANATOMY OF THE
SPIRIT with a concept
all its own, Alberto
Villoldo's remarkable
book, Shaman, Healer,

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Sage demonstrates the healing power of energy medicine - a tradition practised in the Americas for more than 5,000 years - which is finally being recognized today by the medical establishment. As he explores such subjects as the Luminous Energy Field that

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surrounds our bodies, Villoldo shows us how, by learning to see and influence the imprints of disease on this aura of energy, we can discover not only how to heal ourselves and others, but prevent illness as well. Here too, he explores the subject of life beyond death, navigating this

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unseen world with the knowledge of a scientist and the wisdom of a shamanic healer.

Classically trained as a medical anthropologist and a foremost teacher of the shamanic techniques of the Inkas, among whose descendants he has studied for more than twenty-five years,

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Villoldo weaves together a host of illuminating stories and exercises to provide an accessible, practical, and revolutionary programme of healing. Shamanic journeying is the inner art of traveling to the invisible worlds beyond ordinary reality to retrieve information for

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change in every area of our lives from spirituality and health to work and relationships. With Shamanic Journeying, readers join world-renowned teacher Sandra Ingerman to learn the core teachings of this ancient practice and apply these skills in their own journey.

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Includes drumming for
three shamanic
journeys.

Love of a poet came
from my whole heart
and the love that I have
for writing. I really
enjoyed writing love of
a poet. This book sent
me on a ride of
different feelings.some
feelings were
emotional. This book

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brought spiritual growth, love, happiness, laughter, and sadness to my mind, spirit, and soul.

The love that I have for writing my poems came from what God has fed to my mind and my heart. Now I am able to feed to the world. What inspired me was my three children. My youngest

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daughter

shaquanda, who
inspired me. I surely let
her know that God was
feeding to my mind. I
have a need to speak.
she responded, "write
about it." you have
always love to write and
have been every since
you were my age." she
said I'll tell you
what, you write this

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book and I'll write one too. "I said "O.K." I got half way through and asked her, "how far along are you?" she began to smirk. I asked, "what's so funny? and how many have you done?" she responded, "one" so she tricked me to get me started. Then my son Caleb walks in my

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room and look over some of my poems. he then goes in his room and comes out later that night. My son took out the time to create some sketches to inhance my book,and I loved my book even more. Then my oldest daughter Jasmine,she was such a big motivater. Her honesty

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really helped me with what needed to be changed. People kept telling me to slow down and take my time, but God kept feeding my mind. So therefore, I became curious. I then wanted to see the end results. even after work everyday untile 4:30 and 5:00 every

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morning God was speaking to me. even when I was asleep, God was speaking to me. The lord would wake me all the time to write. It was a must. Who am I? I am a single mom. I live in memphis Tennessee. I am 38 years old. Shamanism has always been of great interest to

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anthropologists. More recently it has been "discovered" by westerners, especially New Age followers. This book breaks new ground by examining pristine shamanism in Greenland, among people contacted late by Western missionaries and settlers. On the basis of

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material only available
in Danish, and
presented herein
English for the first
time, the author
questions Mircea
Eliade's well-known
definition of the
shaman as the master
of ecstasy and suggests
that his role has to be
seen as that of a master
of spirits. The

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ambivalent nature of the shaman and the spirit world in the tough Arctic environment is then contrasted with the more benign attitude to shamanism in the New Age movement. After presenting descriptions of their organizations and accounts by participants, the author

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critically analyses the role of neo-shamanic courses and concludes that it is doubtful to consider what is offered as shamanism.

Eight Stages of Healing
and Transformation

Healing States

The Chakras in

Shamanic Practice

Shamanism for

Beginners

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Walking with the
World's Healers of
Earth and Sky
The Ultimate Guide to
Shamanism
The Haitian Way of
Healing and Power
Reflecting
sixteen years of
intensive
fieldwork, this
book is a rich
chronicle of the

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daily lives,
belief systems,
and healing
rituals of four
highly revered
Tibetan shamans
forced into
exile by the
Chinese invasion
during the
1950s. Larry
Peters lived and
studied closely
with the shamans

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in Nepal,
learning their
belief system,
observing and
participating in
their rituals,
and introducing
many dozens of
students to
their worldview.
Including
photographs of
the shamans in
ecstatic ritual

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and trance, this book—one of the most extensive ethnographic works ever done on Tibetan shamanism—captures the end of Tibetan shamanism while opening a window onto the culture and traditions that survived

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centuries of
attack in Tibet,
only to die out
in Nepal. The
violent
treatment of
shamans by the
Buddhist lama
has a long
history in Tibet
and neighboring
Mongolia. At one
point, shamans
were burned at

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the stake.

However, in the mountainous Himalayan terrain, especially in the difficult to reach areas geographically distant from the Buddhist monastic urban centers, shamans were respected

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and their work
revered.

Peters's
authoritative
and meticulous
research into
the belief
systems of these
last surviving
representatives
of the shamanic
traditions of
the remote
Himalayas

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preserves, in
vivid detail,
the techniques
of ecstasy,
described as
pathways to the
shamanic
spiritual world.
From the Trade
Paperback
edition.

A story-based
guide to the
techniques of

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shamanic healing

- Details indigenous medicine tools and soul healing techniques, including diagnosis and energy cleansing with plants, stones, fire, flower essences, and sound •

Offers

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protection and
self-defense
techniques for
confronting
negative
energies such as
spirit
attachment and
possession •
Shares healing
stories that
each address a
specific
condition, such

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as panic
attacks, PTSD,
depression,
cancer, chronic
pain, grief, and
relationship
problems
Shamanic healing
is making an
astonishing
comeback all
over the modern
technology-
driven and

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consumerist world. Millions of people have felt called to integrate both ancient and modern healing systems into a new model of healthcare. But what makes shamanic healing so powerful? Why have indigenous

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healers kept it
alive for
thousands of
years? Revealing
his personal
journey and
stories from his
more than 20
years as a
shamanic healer,
Itzhak Beery
explains who a
shaman is and
how he or she

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works,
demystifying and
destigmatizing
the shamanic
healing
worldview. He
shares shamanic
wisdom from two
of his teachers:
a Yachak from
Ecuador and a
well-known
Brazilian Pagé.
He details

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indigenous
medicine tools
and soul healing
techniques that
you can practice
with your own
clients or in
your own
personal
healing,
including
diagnosis and
energy cleansing
with plants,

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stones, fire,
rum, eggs,
flower essences,
and sound. He
shares
protection and
self-defense
techniques for
confronting
negative
energies, such
as spirit
attachment and
possession.

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Sharing healing stories that each address a specific condition, such as panic attacks, PTSD, depression, cancer, chronic pain, grief, and relationship problems, Beery explains how a shaman is not

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responsible for curing everyone and will consult with the patient's soul to determine its needs, which sometimes includes learning from the illness experience. By sharing these healing methods,

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Beery reveals the importance of shamanic practices in resolving our 21st-century emotional and physical problems and their importance to the future of humanity and the planet.

Praise for

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Michael Samuels
and Mary

Rockwood Lane

"Filled with the
truth about how
spirit can heal
us. I was very
moved by this
powerful book."

-Christiane

Northrup, M.D.

(on Spirit Body
Healing) "Dr.

Michael Samuels

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provides us with new tools and ways of thinking about our capacity to heal. He has been a wonderful teacher for me and can be for you. . . . His work is inspiring."

-Bernie Siegel,
M.D. "Healing is

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a creative
process. These
heartfelt
stories and
beautiful
visualizations
inspire the
reader to see
all life as a
healing
journey." -David
Simon, M.D. (on
Spirit Body
Healing) "Dr.

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Michael Samuels
is one of the
leading pioneers
in exploring
creativity as an
important part
of every
person's healing
journey." -Dean
Ornish, M.D.

Ancient
spiritual
wisdom-practical
results Long

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before there were medical doctors, surgical procedures, and prescription drugs, shaman healers learned to combat illness and restore physical health using the tools and skills of the body,

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mind, and
spirit. Shaman
Wisdom, Shaman
Healing shows
you how to
harness the
power of these
ancient shamanic
traditions to
expand your
ability as a
healer. This
practical,
prescriptive

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guide offers a step-by-step program that shows you how to focus the power of your mind, open yourself to your visionary life, and allow the healing spirit to flow through you. You'll learn how to heal yourself

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and others using
proven
techniques drawn
from both Native
American and
Asian
traditions,
including:
Heeding the call
Creating a
sacred space
Inviting spirit
through prayer
Using guided

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imagery and
moving healing
energy Invoking
spirit animals
and the spirits
of ancient ones
Using a medicine
wheel and
cultivating
visions
The ancient
practice of soul
retrieval is one
of the most

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powerful healing processes that you will learn while walking the shamanic path with heart. In this illustrated book you will learn the formal process carried out by modern core shamanic practitioners to

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retrieve the
lost soul
essence of a
person, and
effectively
reintegrate it
so the client
may then heal
the deepest
wounds of their
soul. Sandra
Ingerman and
Alberto Villoldo
have written

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several popular books to help the layman understand what soul retrieval is and why one might want to embark on the soul retrieval journey.

However, what is missing is a step-by-step guide that

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supports the shamanic practitioner in learning how to do the actual work. That is why this book was written. An ePUB version (item # 8541804) suitable for Apple iPad or SONY readers is also available

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for download.
Our world is
fraught with
problems that
demand
attention:
climate change,
terrorism,
poverty, and
injustice to
name only a few.
Healing the
World takes the
fundamental

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teachings of shamans—the healer of communities—and applies them to the problems of today, using terms and concepts that anybody, from business leaders to activists, can relate to and understand.

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It helps people identify their own gifts and find the pathways forward to using those gifts in the world, no matter what their occupation, civic activity, or interests.
A Beginner's Guide

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Traditional and
Contemporary
Approaches to
the Mastery of
Spirits and
Healing
Invoking Power,
Presence and
Purpose at the
Core of Who You
Are
The Book of
Ceremony
Reiki Shamanism

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Awakening to the
Spirit World
The Heart of
Life

**The Magic of
Shamanism is
designed to
meet the needs
of a range of
readers. It is
suitable for
people who know
nothing about**

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shamanism and
are interested
in learning
more, as well
as for those
with a basic
grounding in
the subject who
wish to gain a
deeper and
richer
understanding
of its scope

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and use in
therapeutic
practice. It
also aims to
meet the needs
of therapists
wishing to
broaden their
horizons to a
new, yet
ancient, form
of therapy that
is capable of

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Healing

astounding
results within
professional
practice.

Written by the
Founder of the
Shaman Sisters,
The Ultimate
Guide to
Shamanism is a
modern guide to
the ancient
practice of

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using spirit
medicine in
practice and
ceremony for
healing and
manifestation.

Explore the
resurgence of
magical and
shamanic
healing in the
world today.

Recovering from

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disease, pain,
and mental
illness often
means
addressing
otherworldly
causes such as
soul loss, soul
fragmentation,
or invasive
spirits.
Interviewing
modern shamanic

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Healing

practitioners
and sharing her
own experiences
as a
psychotherapist
and healer,
author J. A.
Kent, PhD,
shows how
ritual practice
and mystical
experience can
be used as

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tools to foster
profound
spiritual and
psychological
growth. Through
exploration of
otherworldly
phenomena, the
Western mystery
traditions, and
the author's
psychotherapy
case studies,

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this book shows
how the Goddess
represents the
numinous
reality of the
universe while
the Shaman
represents the
archetypal
figure that can
access the
other side to
bring forth

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knowledge and
healing.

In this
extraordinary
book, shamanic
dream teacher
Robert Moss
shows us how to
become shamans
of our own
souls and
healers of our
own lives. The

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greatest
contribution of
the ancient
shamans to
modern healing
is the
understanding
that in the
course of any
life we are
liable to
suffer soul
loss – the loss

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of parts of our
vital energy
and identity –
and that in
order to be
whole and well,
we must find
the means of
soul recovery.
Moss teaches us
that our dreams
give us maps we
can use to

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travel to the
places where we
can find and
bring home our
lost or stolen
soul parts. He
shows us how to
recover our
animal spirits
and ride the
windhorse of
spirit to
places of

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healing and
adventure in
the larger
reality. We
discover how we
can heal
ancestral
wounds and open
the way for
cultural soul
recovery.
You'll learn
how to enter

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past lives,
future lives,
and the life
experiences of
parallel selves
and how to
bring back
lessons and
gifts. "It's
not just about
keeping soul in
the body," Moss
writes. "It's

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about growing
soul, becoming
more than we
ever were
before,
embodying more
of the Greater
Self." With
fierce joy, he
incites us to
take the
creator's leap
and bring

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something new
into our world.
The Heart of
Life is an
exploration
into the depths
of what it
means to be
alive, when the
'cellophane
packaging we
wrap around
life to keep it

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safe and
sterile has
been unwrapped
and discarded' .
It reveals how
the ancient
path of
shamanism and
indigenous
wisdom can
offer us
solutions to
the many

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problems facing
the modern
world, both
global and
collective. It
offers a unique
cosmology that
explores how
these problems,
from potential
global
ecological
catastrophe to

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the multitude
of mental and
physical
illnesses
afflicting
individuals,
are
intrinsically
linked and how
they can be
treated. How
the soul
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is affecting
the modern
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be the
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are going
through as a
species. This
is illustrated
through the
personal and
professional
experiences of

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contemporary
shaman Jez
Hughes, who
cured himself
successfully of
convulsive fits
and mental
illnesses using
shamanic
methods and has
since gone on
to treat
thousands of

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people in the
same way.

Shamanism

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Initiation &

Healing In The

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The Art &

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Magical Healing

The Essence of

Soul Retrieval

Stories and

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**Practices of
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Medicine for
the Soul
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for Invoking
the Sacred in
Everyday Life**

This book examines
shamanism from
evolutionary and
biological

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Illustrates evidence of ancient shamanic practices * A bibliography provides current and historical

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sources on
shamanism

The Heart of the Shaman will take you on a journey into the sacred world of the shaman, through stories, dreams, and ancient rites. In his latest book, Alberto Villoldo sets his focus on the dreaming and time-travel practices of the medicine men

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and women of the Andes and Amazon, whose wisdom radically changed his worldview. Villoldo shares some of their time-honored teachings that emphasize the sacred dream: an ephemeral, yet powerful vision that has the potential to guide us to our purpose and show us

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our place in the universe. The practices in this book will help you forge a sacred dream for yourself. They will help you craft a destiny infused with courage, and driven by vision. You'll be invited to follow the footsteps of the luminous warrior and learn how to break out

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of the three nightmares surrounding love, death, and safety that have held you captive, and transform them into the experience of timeless freedom, known as the Primordial Light. This creative power exercised by shamans will lead you

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to create beauty and healing, and dream a new world into being. When you transform these dreams and accept that life is ever changing, that your mortality is a given and that no one except you can free you from fear —the chaos in your life turns to order, and beauty prevails.

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“Wake up from the slumber you are living in, and dream with your eyes open so that all the possibilities of the future are available to you.”

- Marketing activity is focused on visibility in-store and online
- Pre-publication mailings to special interest media, national and

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- regional magazines,
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Shamanism is a spiritual practice that has persisted since ancient times in Siberian, Mongolian, Indian, Native

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American, South American, Australian and other cultures around the world. Originally shamanism developed from our tribal ancestors' ways of exploring and working with the universal forces of the spirit worlds and interacting with them to achieve healing and balance for their

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communities and its members, reaching a higher state of consciousness and remarkable spiritual knowledge and skills in the process. Today, people from any walk of life can choose to follow a shamanic path to open up their life to natural healing, expansion of consciousness and

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personal growth. This new book is divided into two parts: first learn what shamanism is – discover the origins, background, cosmology and practices of historical shamanism, as well as the forms contemporary shamanism can take, from pure traditional

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uninterrupted practices to non-indigenous and urban practitioners and teachers. The world-view of shamanism is explained, along with how the spirit world is seen as existing in three tiers (lower, upper and middle), all of which have their own spirit allies (power animals,

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guides and teachers, and nature spirits), and the four directions of the wheel of life. Key practices such as the shamanic journey, ceremony and ritual, trance dancing, dreaming, plant medicines and working with nature energies are also described. Then, in the second part of the

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book, you will be introduced to the first steps in your own shamanic path: the basics of how to start; altars and daily ceremonies; exercises for connecting with your spirit guides, ancestors and nature; and transformative and healing journeys.

This classic on

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shamanism pioneered the modern shamanic renaissance. It is the foremost resource and reference on shamanism. Now, with a new introduction and a guide to current resources, anthropologist Michael Harner provides the definitive handbook on practical

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"Wonderful, fascinating... Harner really knows what he's talking about."

CARLOS

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Without doubt (since the recent death of Mircea Eliade) the world's leading authority on shamanism." NEVILL DRURY, author of 'The Elements of Shamanism' Michael Harner, Ph.D., has practised shamanism and shamanic healing for more than a quarter of a century.

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He is the founder and director of the Foundation for Shamanic Studies in Norwalk, Connecticut. Between the earth, the upper world and the lower world stands the axis mundi, the world tree, connecting us all. Shamans journey up or down between these worlds, bringing

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back healing, divination and spiritual knowledge. This book introduces us to classical shamanic thought as well as techniques and methods to connect with our spirit guides and allies. From the spirit animals you encounter on a journey to the lower world to the angelic

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guides and teachers
you meet in the upper
world, you will learn
how to interpret their
messages for your on-
going health and well-
being. & • Shamanic
drums and why
drumming is important
in shamanism & •
How to recognise a
spirit ally & • How to
create objects of
power to help you in

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journeying

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of Shamanism

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Shamanic Dreaming
for Healing and

Becoming Whole

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your journey through
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with the chakra
centers to heal
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psychic wounds

- Reveals how
psychic
injuries become
lodged within
the energy body
- Links one

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major
developmental
stage with each
major chakra •
Provides a
detailed guide
to healing and
clearing the
tensions each
chakra holds
The chakra
system
identifies

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eight centers
in the psycho-
anatomy of
humans, each
one associated
with a
different part
of the physical
or energy body.

Susan J.
Wright, a
practicing
shaman and

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Gestalt psychot
herapist, uses
her own life
journey to show
that each
chakra also is
linked to a
different stage
of emotional
and spiritual
development. In
The Chakras in
Shamanic

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Practice, she identifies eight key developmental stages of life, from birth to old age/death. Each of these life stages has various developmental challenges and potential

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traumatic events that will likely occur and affect the health and well-being of the individual.

Wright explains that life traumas experienced in particular

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developmental stages become lodged within the energy body as they cling to their corresponding chakra. By identifying and working with the chakra involved, a doorway can be

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opened to a world of transformative images, allowing powerful shamanic techniques to heal these psychic wounds. Providing both physical exercises and

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guided
meditations
that utilize
the techniques
of soul
retrieval,
working with
power animals,
and
transcending
trauma, Wright
offers
practitioners a

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way to gather
and nurture the
fragmented
parts of their
energy body and
lead themselves
to physical,
emotional, and
spiritual well-
being.

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your loves and
your losses

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with the
practical power
of shamanism.
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mystifies the
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showing how you
can use the
practical

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technique of
the shamanic
journey to
regain control
of your life.
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step guide
helps you solve
problems in
finances,
health and
relationships
by accessing

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intermediaries
between the
physical and
spirit worlds,
shamans have
served a vital
role in
indigenous
cultures for
more than
40,000 years.
The timeless
wisdom of the

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shaman also holds relevance for the challenges we face today. James Endredy explores shamanic paths from around the globe and discusses the tools, rituals, and beliefs

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that are common
to most
traditions.

You'll discover
how shamans are
chosen and
initiated, and
how they
establish a
relationship
with power
animals,
ancestors, and

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other
inhabitants of
the spirit
realm. Along
with many
stories from
his own
experiences,
Endredy shares
insights from
other scholars
in the field,
including

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Michael Harner,
and Holger
Kalweit, and
from indigenous
shamans
throughout
history.

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concludes with
a thoughtful,
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at how shamanic practices can help restore balance and peace to our lives and the earth.

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A shaman can
serve as a

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healer,
storyteller,
and a keeper of
wisdom—but most
of all, teaches
Sandra
Ingerman,
“Shamans
radiate a light
that uplifts
everybody. In
our culture, we
tend to focus

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on methods and
forget that the
greatest way we
can offer
healing to the
world is to
become a vessel
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teacher offers
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living in a
shamanic
way—empowered
by purpose,
focus, and a
deep connection
to the
spiritual
dimensions.
“Shamanism
remains so
relevant

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because it continues to evolve to meet the needs of the times and culture," teaches Sandra. Here you are invited to participate in the modern evolution of this ancient

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and powerful
form of
spirituality,
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Foundational
practices—lucid
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the shamanic
journey,
ceremonies, and
other
techniques for
accessing the

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Compassionate
spirits,
allies, and
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Light is a

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both new and
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practitioners.
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importantly,
Sandra Ingerman
illuminates the
meaning behind
the practices—r
evealing our
universe as a
place where
spirit is the
ultimate
reality, where
our intentions
shape our

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world, and
where unseen
allies support
us on every
step of our
journey.

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Late To Be Who
You Might Have
Been

The Temple of
Shamanic
Witchcraft

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Walking in
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Tails of a
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want to
experience
firsthand the
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of Shamanism?
Shamanic
reality is
called the
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The golden*

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*ticket to the
Otherworlds is
learning how
to get there.
The key to a
successful
journeywork is
understanding
the principles
governing the
Otherworlds
and working*

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*enlightened
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ability to
demonstrate
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defines and separates a true Shaman. Many Shamanic books talk about generic topics, simple Shamanic traditions or the history of Shamanism. Most do not

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helps the
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enter the
world of
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who are ready
to open*

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innate healer
and psychic.
She believes
that all
healing comes
from God, and
that angels
and higher
beings work*

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energy she is
channeling to
bring about
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miracles.*

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*teachings from
the female
tradition and
explores the
transformative
powers of the
magico-sexual
elixirs they
produce Bee
shamanism may
well be the
most ancient*

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*and enigmatic
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exists
throughout the
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Chinese
acupuncture
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back to the
ancient*

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meridians. In
this
authoritative
ethnography
and spiritual
memoir, Simon
Buxton, an
elder of the*

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*Path of
Pollen,
reveals for
the first time
the richness
of this
tradition: its
subtle
intelligence;
its sights,
sounds, and
smells; and*

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*its unique
ceremonies,
which until
now have been
known only to
initiates.*

*Buxton
unknowingly
took his first
steps on the
Path of Pollen
at age nine,*

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when a
neighbor--an
Austrian bee
shaman--cured
him of a near-
fatal bout of
encephalitis.
This early
contact
prepared him
for his later
meeting with

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*an elder of
the tradition
who took him
on as an
apprentice.
Following an
intense
initiation
that opened
him to the
mysteries of
the hive mind,*

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Buxton learned over the next 13 years the practices, rituals, and tools of bee shamanism. He experienced the healing and spiritual powers of honey and

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*other bee
products,
including the
“flying
ointment” once
used by
medieval
witches, as
well as ritual
initiations
with the
female members*

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*of the
tradition--the
Mellisae--and
the
application of
magico-sexual
“nektars” that
promote
longevity and
ecstasy. The
Shamanic Way
of the Bee is*

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into the
secret wisdom
of this age-
old tradition.
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*reader all
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about
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retrieval,
spirit
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*cleaning the
energy body,
working with
the souls of
the dead - and
much more.*

*This
fascinating
book takes you
on a one-of-a-
kind journey
into the*

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*esoteric world
of healing.*

*You might not
realize it,
but just about
everyone is a
natural-born
healer! In
fact, you
probably
already have
some of the*

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*paranormal
abilities
related to
this gift. For
example, you
may know who's
calling before
you answer the
phone, or be
able to sense
what others
are thinking*

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or feeling.

*But you can
further
develop your
inner talents
and become
your own
shaman,
capable of
healing
whatever ails
you and*

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*effecting
change in
someone else's
energy field
and body. In
Master Healer
Deborah King's
uniquely
informative
work, you will
learn both
Eastern and*

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concepts and
techniques
from the
earliest
recorded
healing
practices some
5,000 years
ago all the
way up to
modern times*

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God in Brazil
and King's own
powerful
cutting-edge
approach.
You'll find
out how to
protect
yourself from
psychic
attack, and*

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beyond any
limiting
beliefs you
may hold. Self-
knowledge
leading to
self-mastery
is the
ultimate
quest, the
pivotal*

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lifetime.*

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person you
always knew
you could be
by taking this
magical tour
into the heart
of healing!*

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rudimentary*

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will learn how
to heal
people,
places, and
things,
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both
traditions,
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of Reiki and
the principles
of shamanism
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concise terms,*

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*then brought
together using
real-life
examples to
show how Reiki
can be
practiced
within the
shamanic
journey.
Supported by
mastery*

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*exercises,
references to
other books,
and internet
resources,
both novices
and
experienced
practitioners
will expand
their
knowledge and*

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*ability to
help subjects
clear old
energies and
accelerate
their "soul
purpose."*

*A Guide to Out-
of-Body
Healing
Plant Spirit
Shamanism*

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Healing

*A Biopsychosoc
ial Paradigm
of
Consciousness
and Healing
Shamanism:
Spiritual
Growth,
Healing,
Consciousness
The Heart of
the Shaman*

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Healing

Shamanic

Journeying

Be Your Own

Shaman

*An in-depth look
at the role of
plant spirits in
shamanic rituals
from around the
world • Shows
how shamans heal
using their*

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Healing

*knowledge of
plant spirits as
well as the plant's
"medical
properties" •*

*Explores the core
methods of plant
shamanism--soul
retrieval, spirit
extraction, and
sin eating--and
includes*

Acces PDF The
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Healing

*techniques for
connecting with
plant spirits •
Includes extensive
field interviews
with master
shamans of all
traditions In Plant
Spirit Shamanism,
Ross Heaven and
Howard G.*

Charing explore

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Healing

*the use of one of
the major allies of
shamans for
healing, seeing,
dreaming, and em
powerment--plant
spirits. After
observing great
similarities in the
use of plants
among shamans
throughout the*

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Healing

*world, they
discovered the
reason behind
these similarities:
Rather than
dealing with the
“medical
properties” of the
plants or specific
healing
techniques,
shamans*

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*commune with the
spirits of the
plants themselves.
From their years
of in-depth
shamanic work in
the Amazon,
Haiti, and Europe,
including
extensive field
interviews with
master shamans,*

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Healing

*Heaven and
Charing present
the core methods
of plant
shamanism used
in healing rituals
the world over:
soul retrieval,
spirit extraction,
sin eating, and
the Amazonian
tradition of*

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*pusanga (love
medicine). They
explain the
techniques
shamans use to
establish
connections to
plant spirits and
provide practical
exercises as well
as a directory of
traditional*

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*Amazonian and
Caribbean healing
plants and their
common North
American
equivalents so
readers can ex-
plore the world of
plant spirits and
make allies of
their own.*

A practitioner of

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*ancient shamanic
techniques for
healing and
journeying
explains how to
restore reader's
animal spirits,
heal old wounds
through shamanic
dreaming and
ultimately recover
and grow their*

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souls. Original.

*Is shamanism all
that different
from modern
witchcraft?*

*According to
Christopher
Penczak, Wicca's
roots go back
20,000 years to
the Stone Age
shamanic*

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*traditions of tribal
cultures
worldwide. A
fascinating
exploration of the
Craft's shamanic
origins, The
Temple of
Shamanic
Witchcraft offers
year-and-a-day
training in*

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*shamanic
witchcraft.*

*Penczak's third
volume of
witchcraft
teachings
corresponds to
the water element
- guiding the
reader into this
realm of emotion,
reflection, and*

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healing. The twelve formal lessons cover shamanic cosmologies, journeying, dreamwork, animal/plant/stone medicine, totems, soul retrieval, and psychic surgery.

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Each lesson includes exercises (using modern techniques and materials), assignments, and helpful tips. The training ends with a ritual for self-initiation into the art of the shamanic witch -

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*culminating in an
act of healing,
rebirth, and
transformation.*

*COVR Award
Winner*

*Goes beyond the
stereotypes to
restore Vodou to
its proper place as
a powerful
shamanic*

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tradition •

*Provides practical
exercises and
techniques from
the Vodou
tradition that can
be used as safe
and effective
means of spiritual
healing and
personal
transformation •*

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*Shows how to
remove evil spirits
and negative
energies sent by
others • Written
by a fully initiated
Houngan (Vodou
shaman)
Providing
practical
exercises drawn
from all aspects*

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*and stages of the
Vodou tradition,
Vodou Shaman
shows readers
how to contact
the spirit world
and communicate
with the loa (the
angel-like
inhabitants of the
Other World), the
ghede (the spirits*

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*of the ancestors),
and djabs (nature
spirits for healing
purposes). The
author examines
soul journeying
and warrior-path
work in the Vodou
tradition and
looks at the
psychological
principles that*

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*make them
effective. The
book also includes
exercises to
protect the
spiritual self by
empowering the
soul, with
techniques of soul
retrieval,
removing evil
spirits and*

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*negative energies,
overcoming
curses, and using
the powers of
herbs and magical
baths.*

*After twenty
fruitless years on
a frustrating
spiritual search,
Dawn Paul was
faced with no*

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Healing

*other option but
to give up.*

*Disheartened and
exhausted, she
went on holiday to
Peru and this
changed her life
forever. During a
visit to Machu
Picchu she
received a
mystical*

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experience, a vision of the Inca, who instructed her to follow the path of the shaman. Feeling she had finally been given the direction she had been looking for all her life, Dawn promptly resigned

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*from her six
figure career in a
bank and stepped
onto the shamanic
path. Over the
following years
Dawn worked
worldwide as a
shamanic healer
and spiritual
teacher, assisting
many people of all*

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*ages, from all
races and
religions. A
Healer of Souls is
Dawn s gift to the
general public,
and to the wider
community
without which a
shaman cannot
exist.*

Today's Shamans

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*as Difference
Makers*

*Shamanic Healing
A Modern Guide*

*to Shamanic
Healing, Tools,
and Ceremony*

*The Magic of
Shamanism*

*The Book of
Shamanic Healing*

A Journey Into the

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*World of Spiritual
Healing and
Shamanism
Healing the World*
**12 stories of
miraculous healings
using shamanistic
tools and techniques.
One of the pioneers
in energy healing
and shamanism
recounts twelve**

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**miraculous stories in
which, through the
use of shamanic
energetic techniques,
people experience
extraordinary
physical and
emotional healings.
Meet a dancer who
could barely walk
until a series of
sessions with Alberto
Villoldo, a**

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**businesswoman who
is freed from
headaches and
discovers the
benefits of an
integrated interior
life, and a young
woman who
confronts her past
and recovers from
crippling depression.
Each of these stories
is rooted in Villoldo's**

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**experience as a
healer, mental health
professional, and
devotee of
Indigenous wisdom
and lore from
around the world.
Ultimately, Villoldo
demonstrates how a
shaman assists us in
discovering our own
capacity for self-
healing. He**

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**introduces us to
physical, mental, and
spiritual disease and
presents techniques
that can heal us,
make us whole, and
make us new. Having
devoted 25 years of
study to the healing
practices of the
Amazon and Andean
shamans, Villoldo is
teaching people how**

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**to actually grow new
bodies. By learning
ancient shaman
wisdom from
Alberto Villoldo, you
can heal disease,
eliminate emotional
suffering, and even
grow a new body that
ages and heals
differently. The
stories in this book
are amazing and**

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**inspiring. Profound
age-old wisdom in
twelve stories of
profound
transformation and
growth. -- Joe
Dispenza, bestselling
author of Breaking
the Habit of Yourself
This title was
previously published
in 2015 as A
Shaman's**

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**Miraculous Tools for
Healing (ISBN 978
157174372)**

**Heal Your Life,
Loves and Losses**

The Everyday

**Empowerment of a
Shamanic Life**

**The Complete Book
of Shamanic Healing**

**Shaman Wisdom,
Shaman Healing**

The Way of the

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Healing
Shaman

**Ancient Wisdom and
Healing Practices of
the Bee Masters
Tibetan Shamanism**