

## The Art Of Sensual Massage

Offering your partner the sensual pleasure of a massage brings special feelings of satisfaction. Do it with skill, passion, and creativity with these intimate, beautiful photos and instructions. Learn the different strokes (effleurage, petrissage, friction, others), and when and how to use each one. Vary your touch to make it loving, erotic, or playful. Give the 20-minute relaxing massage or indulge in a longer, stimulating one where senses heighten and bodies make full contact. "Mix romance with relaxation or upgrade your seduction skills."--www.HoneyMag.com.

This is a video of pleasure, as warm and sensual as massage itself. Discover how to give pleasure with your hands. No special ability is needed. No great knowledge of anatomy or unusual techniques. A warm quiet place and a bottle of scented oil are all that are required to spread pleasure inch by inch. The award winning Classic Art of Sensual Massage presents the most comprehensive, complete body massage available. It offers health, relaxation, sensuality and pleasure. Step-by-step instructions guide you through a complete body massage. It's so easy you can start massaging in one evening. Soothe away modern day stresses and experience new levels of strength, relaxation and well-being.

This comprehensive manual is an invitation to discover the secrets of erotic massage for couples. Erotic Massage for Couples teaches you, step-by-step—with the help of one hundred color photos—how to unleash your new sensual experiences onto your partner. This comprehensive, practical book includes:

- A guide to the points of greatest pleasure
- Advanced techniques for couples
- Homemade recipes for massage oils
- Aromatherapy to awaken the five senses
- Bedroom feng shui
- Tricks to convert your bathroom to a spa
- Aphrodisiac dishes and beverages
- Automassage techniques
- And much more!

From the author of The Art of Sensual Massage comes a new, matching book and DVD set with more than 100 easy-to-learn massage strokes for health, relaxation, sensuality and pleasure. Step-by-step instructions take readers all the way through a complete body massage from head to foot, including health tips and techniques for relieving pain and stress. Features stunning photography and easy-to-learn massage sequences on every page.

The Complete Idiot's Guide to Sensual Massage  
Elegant Card Deck and Award-Winning DVD  
Total Body Conditioning for People who Exercise

The New Sensual Massage

The Complete Guide to Modern Massage

Tantric sex for couples In?tru?ti?n? f?r Lingam M????g? is a Tantric Massage book for couples. Get these techniques f?r Lingam M????g? and start using them in your couple to multiply the passion and complicity in your relationship. Discover new pleasures. A Guid? To Ling?m M????g? - Content: - Tantric Massage - Y?ni M????g? - Ling?m M????g? - H?w To Perform A Ling?m Massage - Ling?m M????g?, Alt?rn?tiv? Th?r??? T? Addr??? Impotence - Wh?t I? th? E???i???t W?? t? L???rn T?ntric M????g? So if you want to learn tantric massage for couples you are right with this book.

Have you noticed that passion in your relationships has subsided over the years, and you wanted to change something? Do you think you know your own and your partner's body well enough? How many erogenous zones do you know? You must read this book about massage for couples, to find out the answers to these questions and to awaken the former desire. Touch is the most intimate sense. Couple massage makes you understand each other without words on the most intimate level. Touch can carry passion and love, confidence, and empathy. It promotes relaxation and healing, is central to our erotic experiences. Touching the body of another person, feeling the skin of your loved one with your skin gives you much more pleasure than any other feeling known to man. However, oddly enough, even lovers rarely use this gift of nature to the full. This couples massage book is a kind of textbook in how to bring your body and your partner's body into a comfortable state through massage, so that it flies away, relaxes, recuperates, and experiences an unearthly pleasure. You will not need any massage accessories for couples, no couple's massage ball, couple's massage toys. Only music, couples massage oil or lotion, and incense will give your communication a special feeling. We'll tell you how to give your partner the greatest possible pleasure! This book is the result of more than a decade of practical experience in performing massage and years of teaching experience. Everything you read in this book is based on knowledge of anatomy, physiology, psychology, sexology, and various types of massage. In the book, there will be no useless information, only the most important practical knowledge about couples sensual massage. So if you want to know all of the secrets about excellent couple massage, and bring back your passion and desire. You should buy this book! Your partner will thank you!

From the author of the million-seller "The Art of Sensual Massage", comes a revolutionary product with the most effective massage program ever. "Sensual Massage on a String" is a gorgeously photographed, shrink-wrapped deck of 60 laminated cards--with massage on BOTH sides. Readers can choose to learn a full body massage or focus on intensely pleasurable strokes for any area from head to toe. Dozens of proven techniques for stress control, pregnancy, erotic massage, relaxation and much more are included. Packed inside, two push pins and a length of elastic string make it easy to hang--or spread out--cards anywhere.

Deepen Your Intimacy and Improve Your Relationship with Tantric Massage! What is Tantra? What Tantric Massage? The Complete Guide to Tantric Massage for Beginners explains the differences between these techniques and gives you everything you need to have a beautiful experience with your partner. How do you practice Tantric Massage? This helpful book teaches you the 8 Rules of Tantric Massage: Understand the Essentials of Tantric Massage Creating a Magical Ambience Always Communicate Build Mutual Intimacy Control Your Massage Strokes Breathe Constantly Hold Each Other The "Don'ts" of Tantric Massage When you unravel this fascinating book, you'll discover the many benefits of Tantric Massage. By practicing together and setting good ground rules, you can cleanse your mind, improve your health, and boost your relationship to a new level! This book includes a great number of techniques and positions for Tantric Massage and Tantric Sex! Read The Complete Guide to Tantric Massage for Beginners Today! You'll be so glad you took this step - together with your partner!

The Ultimate Sensual Massage Techniques for Lovers

The Couples' Massage Book

Tantric Sex For Couples

Step-by-step Massage Basics and Techniques from Around the World

Massage for a Peaceful Pregnancy and DVD Set

Tantric Massage

***Do you feel disconnected from your partner? Do you feel that something is stopping you from expressing yourself physically? Do you want to add some spice to your sex life and improve your intimacy quotient? Do you want to learn about the different ways in which you and your partner can pleasure each other? Are you curious about learning about different practices of Tantra? If your answer is yes for any of the questions mentioned above, then this is the perfect book for you. In the course of this book, you will learn: The meaning of Tantric massage and its various benefits What are essential oils and how you can make your own massage oils at home The different techniques and essentials of giving a tantric massage Various methods used during tantric massage Various male and female tantric massages How to give an aromatherapy massage Ways in which tantric massage will help to reignite the spark in your sex life This book provides all the information that you will need to know about tantric massage and the different techniques of tantric massage that you can use. All the information regarding will help you to form a bond with your partner that surpasses the physical realm! So, what are you waiting for? Let's get started! Buy your copy today!***

***Demonstrates basic massage techniques, shows how to massage children as well as adults, and discusses self-massage and erotic massage***

***Packaged with Sensual Massage Made Simple an award winning 70 minute DVD by Gordon Inkeles, this revolutionary card deck (with 60 double-sided cards, the equivalent of 120 pages) teaches sensual massage makes learning sensual massage easy! Book pages can collect oil from the masseur's hands; videos require you to set up and handle expensive equipment during a massage. These double sided, gorgeously illustrated cards are tough and covered by oil proofed lamination.***

***Photos and illustrations are so beautifully reproduced they seem almost three dimensional. An ingenious suspension system makes learning massage irresistible--and fun! The cards can either hang--as many as six at a time--from the included elastic cord and push pins or be placed directly on your massage surface. Photos are museum quality reproductions, far beyond any book and instructions are written in the same reassuring and intimate tone that made Gordon Inkeles the best selling massage author in the world. The deck travels well. Slip it into your suitcase to make your next holiday an unforgettable sensual experience. It makes a perfect romantic gift--especially for wedding showers and anniversaries!***

***The Art of Sensual Massage***

***Erotic Massage for Couples Who Have Been Together for a Long Time***

***All the Techniques, Disciplines, and Skills you need to Massage for Wellness***

***A New Approach to Sexual Relationships***

***Connecting Through Touch***

***How to Return Your Former Passion with the Help of an Erotic Couple Massage***

***The Sensual Guide to Tantric Massage and Understanding Tantric Sex in Order to Enhance Your Sex Life***

***Over two million people discovered the joy of easy relaxation and sensuality in Gordon Inkeles groundbreaking books The Art Of Sensual Massage and The New Massage. 20 years later he has selected his all-time favourite massage techniques to provide a sensual feast of the strokes that everyone loves. Written in a reassuring and intimate tone, lavishly illustrated and beautifully designed, The New Sensual Massage ensures readers can start massaging in a single evening.***

***With over one million copies sold The Art of Sensual Massage is the world's most popular massage book. This edition is packaged with more than three hours of video massage on three award winning DVDs: The Art of Sensual Massage, Sensual Massage Made Simple and Sensual Massage Master Strokes. Readers can watch a stroke on screen then read about it in the book and try it for themselves.***

***A basic, powerful sensual massage program in a handy guide. A quick guide to sensual massage with an easy-to-learn step-by-step program for a complete body massage. Beautiful photos and graphics throughout make the book as enjoyable to browse as it is to use. This handy guide is perfect as a romantic gift or travel companion. It's the easiest way yet to learn the delightful art of sensual massage.***

***Inkeles' original and legendary volume on the art of sensual massage, printed in its entirety and including a free instructional DVD. Teaches readers hundreds of intimate massage techniques and includes sections on preparation, materials and accessories. Building from relaxing massage through sensory massage to erotic massage, Inkeles takes readers on a journey to a special kind of intimacy in this classic reference for lovers of all ages. Also contains an appendix on the history of massage and instructions for building a massage table.***

***Sensual Touch for Deep Pleasure and Extended Arousal***

***Ultimate Erotic Massage***

***A Simple Route to Relaxation and Releasing Tension***

***Tantric Massage Beginner's Guide***

***Erotic Massage***

***Press Here! Massage for Beginners***

An easy-to-use pictorial and textual manual for simple, effective drugless stress control in every area of life. Gordon Inkeles shows how readers can master simple, scientifically proven massage techniques that turn pain into pleasure and reduce stress. Includes three and four minute relief regimes for headaches, neck and shoulder pain, insomnia, back pain and nervous tension as well as ten minute erotic massages and circulatory stimulations. Large photographs demonstrate all techniques.

DISCOVER THE ART OF INTIMACY WITH TANTRIC MASSAGE! Being touched by the hands of another is a fundamental human need. In this book, discover the ancient, practice of Tantric massage and how it takes touch to a whole new level. Through the ages, sensual massage has been a widely practiced form of intimate connection between those who know its secrets. With a long and fascinating past, sensual massage is found all over the world, it secrets delighting the initiated with a whole new level of touch. Tantric massage, especially, is an erotic font of mutual delight and ecstasy. Science is now proving that the need to be touched is a vital part of our ability to communicate. In fact, touch is a language that transcends all other forms of communicating. It needs no words. In these pages, you'll find out how your hands can learn to speak it with eloquence and sensitivity, by connecting with Tantric massage. In this book, you'll be initiated into the art of sensual massage and reading about: How the human sense of touch is the first we develop, in the womb. The sometimes colorful history of sensual massage. Touch as a communicative superpower. The secrets of ancient Tantric massage and the roles of Yoni and Lingam. The Japanese art of Nuru and other forms of sensual massage, today. Male and female erogenous zones. Some handy helpers to enhance your sensual massage experience. What makes the male prostate so super special. All about lubes and oils to make you Tantric massage experience even better. Discover the eroticism of Tantric massage in this unique exploration of its sensual wonders. Deepen your sexual IQ, by getting to know the wild world of sensual, Tantric massage; a world in which your fingers do the talking. Buy your copy today!

Learn how to practice the art of sensual massage, with yourself and/or a partner, with Press Here! Sensual Massage for Beginners.

Tantric Massage Grab this GREAT physical book now at a limited time discounted price! Sex life feeling dull? Not feeling fully satisfied? Lacking that special connection with your lover? Tantric Massage is the book for you. Within these pages you'll find a comprehensive guide on the extensive benefits Tantric sensuality can bring to your sex life. Tantric Massage covers Tantric philosophies, tips and techniques, how to achieve the ultimate orgasm and much, much more. Man or woman, gay or straight, if you are looking to take your sex life to the next level, look no further. This is the book for you! Here Is What You'll Learn About... What Is Tantric Massage? Tantric Massage And Sex Tantric Massages And Orgasms Is It Different For Men And Woman? Benefits Of Tantric Massage How Do You Know If It's For You Techniques And Types Keeping Tantric Massage And Sex Healthy Much, much more! Order your copy of this fantastic book today!

Sensual Massage for Couples

Press Here! Sensual Massage for Beginners

Sensual Massage

Super Massage

The Art of Sensual Loving

The Classic Art of Sensual Massage

*Sensual massage techniques for enhancing sexual pleasure, in e-book format Explore the full sensual potential of massage with this practical and inspirational companion to enjoying the most erotic, intense and passionate lovemaking experiences. Master over 100 erotic massage techniques to heighten arousal, enhance sex and deepen orgasm. Discover how to pleasure every part of the body, with step-by-step ways to tease and please, from the neck to you and your partners most intimate parts. Create the ultimate massage experience through fantasy, role-play, toys and erotic love games. With tips on oral and manual strokes and complete guidance on how to perform a full body massage, you'll learn to add a powerful new dimension to your sex life. Learn the healing power of touch with a new, up-to-date reference from The Complete Guide to Modern Massage. Massage is a natural method to relieve pain and reduce stress--and anyone can learn how to do it. The Complete Guide to Modern Massage offers an updated reference to learn popular techniques and feel the physical and emotional benefits of massage. From classic styles such as Swedish or Shiatsu to new favorites like Ayurvedic and Thai, this massage guide offers illustrated, step-by-step instruction to master techniques from around the world. Complete with massage practices for pain relief, you'll learn how to heal your family, friends, partners, and even yourself of common ailments with your own two hands. The Complete Guide to Modern Massage includes: An introduction to massage that outlines the history and basic principles of massage and how they relate to modern practice. World-famous massage techniques that include Deep Tissue, Reflexology, Tui Na, Cranial-sacral, Reiki, and more! Restorative applications for healing common ailments including headaches, neck pain, PMS, lower back pain, and more. Easy-to-follow guidance with illustrations, and simple step-by-step directions to master every technique. Give and receive rejuvenating massages with world-famous techniques and step-by-step instructions from The Complete Guide to Modern Massage.*

*Massages to relax, delight, and arouse... 'If there ever was a manual that offered a step-by-step approach to putting the pep back into marriage or bringing new lovers closer, it's this one.'*-Laurie Sue Brockway, author of *A Goddess is a Girl's Best Friend- A Divine Guide to Finding Love, Success and Happiness Features- In touch massage techniques that help you relax-or stimulate-one another Pleasure zones for you to explore-from head to toe Ambient ideas to create the perfect space for sensuality*

*Learn sensual touch for improved intimacy and better sex! New in paperback, Erotic Massage shows how to bring your partner to high levels of arousal, keeping him or her in this state of sexual exaltation for an extended period. This beautifully illustrated book provides erotic massage techniques for both men and women and breaks down these massage methods step-by-step. You'll find suggestions for the appropriate setting, lubrication, good communication, and conscious breathing. More than 60 sensual, how-to photographs and illustrations are featured*

*throughout, as well as testimonials on how erotic massage has improved many couples' intimacy and sex lives.*

*The New Massage*

*Guide to Learning the Art of Sacred Sex. Tantra Secrets for Sexual Intimacy Using Sensual Massage, Yoga and Sex Positions for Men and Women. Illuminate Your Sex Life.*

*An Intimate and Practical Guide to the Art of Touch*

*Sensual Massage on a String*

*The Joy of Sensual Massage*

*Couple's Massage Handbook*

Warm up a luxurious massage oil, arouse the senses with seductive fragrances, and communicate desire with the intimate, erotic act of massage. Full-color photos show how to work each area of the body, from the top of the head to the tips of the toes, and turn any massage into a beautifully sensual experience. See how to set the scene with atmospheric lighting and sound; master the strokes that will leave someone sighing with ecstasy; and use different textures and sensations to enhance the massage, including fabrics, feathers, and ice cubes. Separate sections explain what's just right for pampering a man or a woman, and a sensual oils aromatherapy chart presents a variety of fragrant options to choose from.

Relieve pain, alleviate tension, increase relaxation, and recover and prepare for physical activities. Fun, modern illustrations and intuitive organization combined with the expertise of licensed massage therapist Rachel Beider allow you to quickly implement this powerful wellness tool. Massage therapy is a great way to connect and engage with your loved ones, applying healing techniques to reduce pain and tension while increasing relaxation and enjoyment. With this guide, learn how to give a deeply enjoyable therapeutic massage to family members, friends, or oneself. Beautifully illustrated and designed and with easy-to-follow instructions, *Massage for Beginners* is the perfect guide for learning the fundamentals of giving a really great massage. The Press Here! series offers contemporary takes on traditional hands-on healing practices for a new generation of practitioners. These introductory guides feature easy-to-access organization, clear instructions, and beautiful illustrations of each technique. Other Press Here! topics include reiki, reflexology, and acupressure.

The *Couple's Massage Handbook* takes readers from stumbling beginners to passionate pros in no time! This step-by-step guide covers the best tools, oils, music, and locations for giving a massage, including a sequence readers can use to stay focused.

Sooth away stress, banish pain, and share the language of touch with the healing powers of massage What reduces pain, enhances athletic performance, job efficiency, improves the circulation, raises immune efficiency, promotes the healing of tissues, increases the functioning of the skin, enhances focus and emotional balance, and improves appearance? Right, massage! So what are you waiting for? Discover how to knead your way to relaxation and wellness with this fun guide to the art of massage. With the help of numerous step-by-step hands-on photos and illustrations, *Massage For Dummies, 2nd Edition* shows you, move by move, how to harness the healing power of touch. In no time you'll master the basics and learn how to give and receive a therapeutic massage. 25% new and expanded content in this edition Covers an array of techniques, from Swedish to Deep Tissue and sports massage to self-massage The newest strokes and techniques that can relieve specific painful conditions Hands-on and extremely practical, *Massage For Dummies, 2nd Edition* shows you how to integrate massage and its benefits into your everyday life.

Head to Toe Techniques to Arouse and Gratify Your Partner

In tr u ti n F r Lingam M g

Tantric Massage Book for Couples

Step by Step Guide to Learning the Art of Tantric Massage

Techniques to Awaken the Senses and Pleasure Your Partner

The Art of Sensual Massage + 3 DVDs

Step-by-step techniques of 130 movements are defined and illustrated for a drugless, pleasurable method for alleviating back pain, tension, and migraines

From a founding member of the famous Esalen Massage program at the Esalen Institute in Big Sur, CA, this book guides couples through a sensual and restorative massage exchange. This intimate practice can enhance communication, relieve stress and tension, and to bring more joy into readers lives thorough the healing power of touch.

Pocket-sized guide to performing sensual massage. Encourages intimacy through nurturing and exploring one another by touch. Discusses techniques, creating mood and your own sacred space, which oils to use and how to use massage to enrich a physical relationship. Includes bibliography.

In this classic guide to lovemaking, Dr. Andrew Stanway shows couples how the simple pleasures of courtship and romance, flirtation and seduction, can greatly enhance a loving, sexual relationship. By focusing less on physical penetration, and more on the delicious and arousing art of seduction and foreplay, this unique handbook shows how couples can heighten their sexual pleasure in exciting new ways. With full-color exciting yet tasteful illustrations showing the way, you'll learn all about attraction and courtship, the art of seduction, the role of fantasy, love, sex, and romance, the sexual body, how to create romance, sensual and erotic massage, the role of sex toys, precautions and protection, and lovemaking positions. In his trademark frank and informative style, Dr. Stanway includes sections on: Mutual attraction Seduction Love, sex, and romance Arousal Sex drive Desire Masturbation Oral sex The power of touch And more This is a revised and updated edition of an erotic classic, published on the 20th anniversary of its original launch. It's a must-have for every couple looking to explore new levels of intimacy.

Erotic Massage for Couples

Sensual Massage Made Simple

Deepen Your Relationship with the Healing Power of Touch

A Lover's Guide

Art of Sensual Massage

Simple Techniques for Instant Relaxation

**Now optimized for ebook reading, Sensual Massage for Couples makes learning sensual massage easy. Romantic, sensual and immensely relaxing, this is one of the world's best selling massage books, Sensual Massage for Couples, was a Literary Guild selection for more than 8 years. The book features a full body massage--with step-by-step instructions for every part of the body from head to toes. It's a recipe for pleasure that can last a few minutes or linger for more than an hour. Special sections for stress control, erotic massage and powerful massage techniques that will enhance an exercise program make this book an essential volume for anyone interested in massage and drug-free relaxation. With literally hundreds of proven sensual massage techniques, the book is both comprehensive and easy-to learn. Nothing in life will relax you more thoroughly than a well-executed full body massage.**

**Did you know there are ancient techniques to guide you through a sexual intimacy you've only dreamed of? Are you aware that these techniques are so powerful that you will not only experience the greatest orgasmic sensations you can imagine, but that you will develop a significant expansion of self, a spiritual connection, and soulful healing, that cannot be delivered by any manufactured means? This ancient Hindu form of tantra dates back nearly 5,000 years and teaches us that life itself is an endless cycle of sex full of myriad sensations. The act of sex is ultimately an act of one's most honest and vulnerable expression of one's spirituality. Based on this, tantra teaches us the ways to create a supreme connection with every piece of life and how to worship that in the sexual experiences we share. By practicing these ways, we find ourselves in a calm and peaceful state of acceptance each day, and we find ourselves reaching new heights of sensual pleasures at night. If you've ever longed for better communication with your lover, or if you've needed a new element to your sex life together now more than ever, the time has come to learn how. If you've ever craved for sexual healing and true intimacy, satiate your desires. If you've ever fantasized about deeply erotic pleasures and hours of sexual bliss, make it real. This book tells you how. Inside the cover of these lessons you'll discover: \* The origins of tantra and its assimilation into western culture \* How to perform tantra yoga that will facilitate better sex \* How to use asanas and vinyasas to your benefit \* Your romantic union can benefit from non-sexual tantric practices \* The differences between regular sex and tantric sex \* Why individuals use tantra for better health and better sex \* How to initiate intimate sexual conversation with your partner \* Ways to eliminate negative emotions and insecurities with tantric sex \* Ways to heal sexual abuse through tantra \* How to use breath as your ultimate guide to pleasure \* Poses and sexual positions to increase libido and orgasm \* How to abandon obligation and expectation for euphoria \* The effects of mindfulness and meditation for better living and better sex \* Everything you need to know to prepare for a tantric sex experience \* How to cultivate a perfect sacred space to practice tantra and sex \* How to prepare the body for tantric bliss \* The mindset and emotional factors that come with sex \* How to suppress orgasm for a prolonged sexual experience \* What other couples have experienced by practicing tantric sex \* The added benefits tantra can have on your relationship \* How tantra in the bedroom spills ecstasy into other facets of your life \* How to liberate yourself and your partner through sex Follow the layout of this book from build up to a crescendo and learn the secrets and pleasures of ultimate sexual union. The opposite of a quickie, tantric sex is about the journey, not the destination. Learn how to enjoy the ride. Illuminate your life with sex. Purchase and download this book now in order to start the process of transforming your sex life. Your intimacy will never be the same again. You will discover the crazy amazing potential that you have been hiding in you. Be sure to achieve the best sex life. While at it, please leave a review on Amazon.**

**Packaged with The Art of Sensual Massage DVD by Gordon Inkeles, this easy-to-learn program of massage techniques guides expectant parents every step of the way during pregnancy--from the first month through full recovery. Powerful techniques for relaxation and stress control are featured on every page. Everything works as promised. You will be massaging ten minutes after you bring the book home. The DVD shows you exactly how much pressure to use and which rhythms work best. You'll use it for years after your pregnancy to bring sensual massage into your life.**

**A massage therapist teaches the art of touching and being touched in an illustrated guide that includes recipes for oils and aromatherapy guaranteed to help partners rediscover one another**

**Massage For Dummies**

**Neal's Yard Remedies Complete Massage**

**Tantric Massage for Beginners - Learn Techniques for Tantric Massage, Sensual Massage and Love Making - Revitalize Your Sex Life**

**Sensual Massage on a String Deck and DVD Set**

**The Art of Sensual Massage**

**Tips and Techniques to Master the Art of Tantric Massage!**

*If you've yet to focus on sensual massage with a partner, there's no better time than now. Massage is a style of touch that can be sexual or non-sexual. So, whichever direction your session takes, it's a good way to build physical trust between you and your partner, and a great opportunity to get to know each other's bodies in a safe yet intimate way. With Paul Scott's "Sensual Massage" you will not only master a host of massage techniques, but also discuss how you and your lover can best decide whether you're in the mood for your massage to take a sexual or therapeutic course, together with the most effective ways to relax.*

*With top-to-toe sensual massage, this title will enable you to discover a whole new world of erotic play. Packed with techniques drawn from*

*Thai, Tantric and Western traditions, it explores a range of sexually charged movements and manipulations, with some surprising additions and variations.*

*Your Guide to Pleasure and Intimacy*