

Get Free Stuff Ive
Been Feeling
Lately

Stuff Ive
Been Feeling
Lately

***The first
collection of
poetry by the
New York Times
bestselling
author of The
Dark Between***

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***Stars. Love
Her Wild is a
collection of
new and
beloved poems
from the poet
Atticus, who
has captured
the hearts and
minds of
hundreds of
thousands of***

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***avid followers
on his
Instagram
account @attic
uspoetry,
including
superstars
like Karlie
Kloss and Shay
Mitchell.
Dubbed the “#1
poet to***

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***follow” by
Teen Vogue and
“the world’s
most tattoo-
able” poet by
Galore
magazine, in
Love Her Wild,
Atticus
captures what
is both raw
and relatable***

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***about the
smallest and
the grandest
moments in
life: the
first glimpse
of a new love
in Paris,
skinny dipping
on a summer's
night, the
irrepressible***

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***exuberance of
the female
spirit, or
drinking
whiskey in the
desert
watching the
rising sun.
With honesty,
poignancy, and
romantic flare
Atticus***

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***distills the
most
exhilarating
highs and the
heartbreaking
lows of life
and love into
a few short
lines,
ensuring that
his words will
become etched***

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***in your
mind—and will
awaken your
sense of
adventure.
Organized in
four sections
– Inception,
Longing,
Chaos, and
Epiphany –
K.Y.***

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**Robinson's
debut poetry
collection
explores what
it is to want
in spite of
trauma, shame,
injustice, and
mental
illness. It is
one survivor's
powerful**

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*testimony, and
a love letter
"to those who
lie awake
burning."*

*From the inter
nationally
bestselling
author of Love
Her Wild comes
The Dark
Between Stars,*

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***a new
illustrated
collection of
heartfelt,
whimsical, and
romantic poems
from Instagram
poetry
sensation,
Atticus.
Atticus, has
captured the***

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***hearts and
minds of
nearly 700k
followers
(including
stars like
Karlie Kloss,
Emma Roberts,
and Alicia
Keys). In his
second
collection of***

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***poetry, The
Dark Between
Stars, he
turns his
attention to
the dualities
of our lived e
xperiences—the
inescapable
connections
between our
highest highs***

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***and lowest
lows. He
captures the
infectious
energy of
starting a
relationship,
the tumultuous
realities of
commitment,
and the
agonizing***

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*nostalgia of
being alone
again. While
grappling with
the question
of how to live
with purpose
and find
meaning in the
journey, these
poems offer
both honest*

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***explorations
of loneliness
and our search
for
connection, as
well as light-
hearted,
humorous
observations.
As Atticus
writes
poignantly***

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*about dancing,
Paris, jazz
clubs,
sunsets,
sharing a
bottle of wine
on the river,
rainy days,
creating, and
destroying, he
illustrates
that we need*

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Lately

*moments of
both beauty
and pain—the
darkness and
the stars—to
fully
appreciate all
that life and
love have to
offer.*

*“Someday,
somewhere” is*

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Been Feeling
Lately

***a dangerous
game. The real
stuff of life
is here and
now. Life is
scary.***

***Adulthood is
hard. When
faced with the
challenges of
building a
life of your***

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Lately

*own, it's all
too easy to
stake your
hope and
happiness in
"someday." But
what if the
dotted lines
on the map at
your feet
today mattered
just as much*

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*as the
destination
you dream of?
Hannah
Brencher, TED
Talk speaker
and founder of
The World
Needs More
Love Letters,
thought
Atlanta was*

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Lately

her

destination.

**Yet even after
she arrived,
she found**

**herself in the
same old chase
for the next
best thing...som
ewhere else.**

**And it left
her in a state**

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Lately

***of anxiety and
deep
depression.***

***Our hyper-
connected era
has led us to
believe life
should be a
highlight
reel—where
what matters
most is***

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Lately

***perfect
beauty,
instant
success, and
ready
applause. Yet,
as Hannah
learned,
nothing about
faith,
relationships,
or character***

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is instant. So she took up a new mantra: be where your feet are. Give yourself a permission slip to stop chasing the next big thing, and come matter

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Lately

***here. Engage
the process as
much as you
trust the God
who lovingly
leads you. If
you are tired
of running
away from your
life or tired
of running
ragged toward***

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Lately

*the next thing
you think will
make you feel
complete, Come
Matter Here
will help you
do whatever it
takes to show
up for the
life God has
for you.
Whether you*

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Lately

***need to make a
brave U-turn,
take a bold
step forward,
or finish the
next lap with
fresh courage,
find fuel and
inspiration
for the
journey right
here.***

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***Share Your
Stuff. I'll Go
First.***

***Never Let Me
Go***

***Algedonic
I Hope You
Stay***

Soft Thorns
Soft Thorns is a
poetry collection
that takes the

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**reader on a
journey through a
young woman's
life—from
reckoning with
her looks and
sexuality to
dealing with the
trauma of sexual
assault, and
finally through
the highs and
lows of young**

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**love found and
lost. Bridgett
Devoue shares
her raw, human
story and the
lessons learned
from living a life
fully.**

**Winner of the
American Library
Association Alex
Award, given to
books written for**

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Been Feeling
Lately

**adults that have
special appeal to
young adults. In
the tradition of
John Green's The
Fault in Our Stars
and Me and Earl
and the Dying
Girl comes the
incredibly moving
true story of a
teenager
diagnosed with**

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Been Feeling
Lately

**cancer and how
music was the
one thing that
helped him get
through his
darkest days.
Punk's not dead
in rural West
Virginia. In fact,
it blares
constantly from
the basement of
Rob and Nat**

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Been Feeling
Lately

Rufus—identical twin brothers with spiked hair, black leather jackets, and the most kick-ass record collection in Appalachia. To them, school (and pretty much everything else) sucks. But what can you expect

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Lately

**when you're the
only punks in
town? When the
brothers start
their own band,
their lives begin
to change: they
meet friends,
they attract girls,
and they finally
get invited to join
a national tour
and get out of**

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Lately

their rat box little town. But their plans are cut short when Rob is diagnosed with a rare form of cancer that has already progressed to Stage Four. Not only are his dreams of punk rock stardom

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Been Feeling
Lately

**completely
shredded, there is
a very real threat
that this is one
battle that can't
be won. While
Rob suffers
through
nightmarish
treatments and
debilitating
surgery, Nat
continues on**

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Been Feeling
Lately

**their band's road
to success alone.
But as Rob's life
diverges from his
brother's, he
learns to find
strength within
himself and
through his
music. Die Young
With Me is a raw,
honest account of
a brave teen's**

Get Free Stuff Ive
Been Feeling
Lately

**fight with cancer
and the many
ways music
helped him cope
through his
recovery.**

**"We confuse
passion and pain,
turn each other
into liars. We
become colliding
trains; no
survivors, no**

Get Free Stuff Ive
Been Feeling
Lately

**survivors." Alicia
Cook, the
bestselling
author behind
Stuff I've Been
Feeling Lately,
returns with
Anomaly, a
melodic journey
of the ending, the
mending, the
falling, and the
loving. This**

Get Free Stuff Ive
Been Feeling
Lately.

**surprise release
of love poetry is
comprised of
prose, song, and
illustrations.
Seventeen-year-
old Delilah Green
wouldn't have
chosen to do her
last year of
school this way,
but she figures
it's working fine.**

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Been Feeling
Lately

While her dad goes on a trip to fix his broken heart after her mom left him for another man, Del manages the family cafe. Easy, she thinks. But what about homework? Or the nasty posse of mean girls

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Been Feeling
Lately

**making her life
hell? Or her best
friend who won't
stop guilt-
tripping her? Or
her other best
friend who might
go to jail for love
if Del doesn't do
something? But
really, who cares
about any of that
when all Del can**

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Been Feeling
Lately

**think about is
beautiful Rosa
who dances every
night across the
street. . . . Until
one day Rosa
comes in the cafe
door. And if Rosa
starts thinking
about Del, too,
then how in the
name of caramel
milkshakes will**

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Been Feeling
Lately

**Del get the rest
of it together?
Beneath the
Dragoneye Moons
Anomaly
Tears of Broken
Hearts
Ask a Manager
Come Matter
Here**

In Mixed Feelings,
Avan Jogia explores his
complicated emotions

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around race, identity, religion, and family through poetry and imagery. Drawing on the author's own life story as well as interviews he's conducted with friends and strangers, *Mixed Feelings* serves as a dialogue starter for difficult topics that now, more than ever, need to be discussed.

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Phosphenes (n.) is an attempt to soothe an aching soul and voice the suppressed emotions. It tries to set free the caged birds of thoughts and weaves imagination into poetry. It is not just a book but a map that traces the journey of a poet's heart that dances to the tunes of eerie silence of the night and

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rejuvenates in the
exquisite sunrise.

Things we don't talk
about is a collection of
words, thoughts and
poetry about love,
anxiety, depression and
overall mental health. It
can get a little too raw
for some and a little too
real for others.

A collection of new
poems on the themes of
hurt, melancholy, and

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healing by Jon Lupin,
the Poetry Bandit From
the poet behind You
Only Love Me When
I'm Suffering comes a
new collection of poetry
that will shake you to
the core. Organized in
the format of an
encyclopedia, each letter
of the alphabet includes
several poems on the
theme of the word that
begins with that letter.

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Emotional and inspiring,
Encyclopedia of a
Broken Heart will
appeal to every modern
poetry lover.

Your Invitation to Be
Here in a Getting There
World

We Hope This Reaches
You in Time

I've Been Killing Slimes
for 300 Years and
Maxed Out My Level
Mixed Feelings

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2am Thoughts

Considered by many to be mentally retarded, a brilliant, impatient fifth-grader with cerebral palsy discovers a technological device that will allow her to speak for the first time.

Part memoir and part guidebook, *Share Your Stuff. I'll Go First.* is the invitation you've been waiting for to show up

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with your whole self and discover the intimate, meaningful relationships you long for. In spite of the hyper-connected culture we live in today, women still feel shamed for oversharing and being publicly vulnerable. And no matter how many friends we seem to have, many of us are still desperately lonely.

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Laura Tremaine says it's time for something better. Openness and vulnerability are the foundation for human growth and healthy relationships, and it all starts when we share our stuff, the nitty-gritty daily details about ourselves with others. Laura has led the way in her personal life with her popular blog and

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podcast, and now with lighthearted self-awareness, a sensitivity to the important things in life, and compelling storytelling, Laura gives you the tools to build and deepen the conversations happening in your life. Laura's stories about her childhood in Oklahoma, her complicated shifts in faith and friendships,

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and her marriage to a Hollywood movie director will prompt you to identify the beautiful narrative and pivotal milestones of your own life. Each chapter offers intriguing and reflective questions that will reveal unique details and stories you've never thought to tell and will guide you into cultivating the authentic

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connection with others
that only comes from
sharing yourself.

There are moments
when the heart no longer
wishes to feel because
everything it's felt up
until then has brought it
nothing but anguish. In
She Felt Like Feeling
Nothing, r.h. Sin pursues
themes of self-discovery
and retrospection. With
this book, the poet

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intends to create a safe space where women can rest their weary hearts and focus on themselves. Structured like an old-school mix-tape, *Stuff I've Been Feeling Lately* is Alicia Cook's lyric message to anyone who has dealt with addiction. "Side A" touches on all aspects of the human condition: life, death, love, trauma, and

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growth. "Side B"
contains haunting black-
out remixes of those
poems.

Phosphenes (n.)

She Was the Storm
the stars you see when
you rub your eyes;

Book 1

A Collection of Poetry
and Prose

Algedonic is
an aesthetic

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outlook on
pain and
pleasure.
Complex
emotions
simplified
into poetic
interludes as
only r.h. Sin
can express.
With his
trademark of

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giving
simplicity to
some of the
hardest of
emotions, Sin
reminds us all
that there are
often two
sides to an
emotional
story and
sometimes the

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pain

transforms
into something
beautiful,
something less
problematic
and maybe
something that
reignites a
feeling of
pleasure.

After living a

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painful life
as an office
worker, Azusa
ended her
short life by
dying from
overworking.
So when she
found herself
reincarnated
as an undying,
unaging witch

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in a new
world, she
vows to spend
her days
stress free
and as
pleasantly as
possible. She
ekes out a
living by
hunting down
the easiest

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targets - the
slimes! But
after
centuries of
doing this
simple job,
she's ended up
with insane
powers...how
will she
maintain her
low key life

Get Free Stuff Ive
Been Feeling
Lately
now?!

The poetry of
2am Thoughts
condenses an
entire
relationship
with its
untamed
emotions and
experiences to
a single day.
As the long

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hours of the
night drag on,
so does the
love,
heartache, and
loss. When the
dawn breaks,
the morning
sun brings
acceptance,
healing, and
recovery.

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Been Feeling
Lately

Stuff I've
Been Feeling
Lately
The Dark
Between Stars
Get It
Together,
Delilah!
Valkyrie
Poems
A Memoir

Alexandra Elle

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Been Feeling
Lately

*writes frankly
about her
experience as
a young,
single mother
while she
celebrates her
triumph over
adversity and
promotes
resilience and
self-care in*

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Been Feeling
Lately

*her readers.
This book of
all-new poems
from the
beloved author
of Words From
A Wanderer and
Love In My
Language is a
quotable
companion on
the road to*

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Been Feeling
Lately.

*Samantha King
Holmes brings
forth a raw,
original
perspective. A
collection of
poetry that
breathes hope
into the idea
of love while
mourning the*

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Been Feeling
Lately

human

*condition of
seeking out
connections,
sometimes with
the wrong
people. Her
verse takes
the readers on
an
introspective
journey of*

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Been Feeling

Lately
love, longing,
and self-
evolution.

Born to Love,
Cursed to Feel
Revised

Edition brings
to life an
answer to the
many difficult
questions
involving self-

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Been Feeling
Lately

love and the feelings we have for others. The book explores the need to connect and the way emotions can complicate our decision making.

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Lately

*Ultimately
this book is a
poetic
documentation
of heartbreak,
anguish, and
redemption. A
story told in
hopes of
reminding
others that
their mistakes*

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Been Feeling
Lately

*do not define
them and that
the end is
usually the
beginning of
something
more. In this
revised
edition, new,
never-before-
seen poems are
sprinkled*

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Been Feeling
Lately

*throughout
among beloved
and refreshed
pieces from
the first
edition.*

*Another roll
of the dice
Big news, fair
readers!*

*Bayside High's
favorite It*

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Been Feeling
Lately

*Girl is back.
Would you have
bet Carissa
Blackwell
would ever
return? Ten
years ago, she
crushed Jasper
Dumont's heart
under her
Jimmy Choos
and left town*

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Been Feeling
Lately

*for a bigger,
better life.*

*Her return
raises one
question: What
is she running
from (or is it
to) now?*

*Perhaps Jasper
knows? One
look at
Carissa and he*

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Been Feeling
Lately

*fell in the
bay! (Rich,
single and
devastatingly
handsome,
Jasper's our
catch of the
day.) That icy
plunge should
have brought
him to his
senses, yet*

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Lately

"Casper" has been spotted together all over town. Does this mean Bayside's legendary couple may reunite? The stakes are high, but the Bayside

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Been Feeling
Lately

*Blogger's
money is
riding on
love!*

*Elaine is
ripped from
this world to
Pallos, a land
of unlimited
possibilities
made real by a
grand System*

Get Free Stuff Ive
Been Feeling
Lately

*governing
classes,
skills, and
magic. An ideal
society? What
is this, a
fantasy novel?
Adventures?
Right this
way! A Grand
quest?
Nah. Friends*

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Lately

and loot? Heck
yes! Humans are
the top dog?
Nope, dinosaur
food. Healing
and fighting?
Well,
everything is
trying to eat
her. Join
Elaine as she
travels around

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Lately

*Pallos,
discovering
all the
wonders and
mysteries of
the world,
trying to find
a place where
she belongs,
hunting those
elusive
mangos, all*

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Been Feeling
Lately

*while the
ominous
Dragoneye
Moons watch
her every
move.*

*The Boy, The
Mole, The Fox
and The Horse
A Concept
Album*

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Been Feeling
Lately

*Die Young with
Me*

*Encyclopedia
of a Broken
Heart*

**Sorry I haven't
texted you
back, (I've
been so anxious
and depressed)
I haven't had
time to catch**

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Been Feeling
Lately

**my breath, you
know how life
gets! Returning
to the form of
Stuff I've Been
Feeling Lately,
Sorry I Haven't
Texted You Back
is a poetic
mixtape
dedicated to
those who
struggle or**

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Been Feeling
Lately

have struggled
with their
mental health.
Divided into
two parts,
“Side A” holds
92 poems,
titled as
“tracks,” and
“Side B” holds
the “remixes,”
or blackout-
poetry

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Lately

**versions, of
those 92 poems.
The book
includes the
evergreen
themes of love,
grief, and
hope. Named
after Cook's
viral Instagram
poem, Sorry I
Haven't Texted
You Back lands**

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Been Feeling
Lately

**in the
crossroads of
self-help and
poetry.
Discover the
very special
book that has
captured the
hearts of
millions of
readers all
over the world.
'A wonderful**

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**work of art and
a wonderful
window into the
human heart'
Richard Curtis
A book of hope
for uncertain
times. Enter
the world of
Charlie's four
unlikely
friends,
discover their**

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Lately

**story and their
most important
life lessons.
The boy, the
mole, the fox
and the horse
have been
shared millions
of times online
- perhaps
you've seen
them? They've
also been**

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recreated by
children in
schools and
hung on
hospital walls.
They sometimes
even appear on
lamp posts and
on cafe and
bookshop
windows.
Perhaps you saw
the boy and

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Been Feeling
Lately

mole on the
Comic Relief T-
shirt, Love
Wins? Here, you
will find them
together in
this book of
Charlie's most-
loved drawings,
adventuring
into the Wild
and exploring
the thoughts

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Been Feeling
Lately

**and feelings
that unite us
all.**

**In the
tradition of
Post Secret and
Other People's
Love Letters, a
crowdsourced
compilation of
letters,
stories, and
art work about**

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Been Feeling
Lately

**the modern
state of love
and
relationships,
edited by
rising
filmmaker and
beloved YouTube
vlogger Will
Darbyshire.
“What would you
say to your ex,
without**

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judgment?" This is the question filmmaker and vlogger Will Darbyshire posed to hundreds of thousands of his closest friends on YouTube. Seeking closure after a tough

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**break-up, Will
was driven to
strike up an
intimate
conversation
with his online
audience, and
to get at the
heart of one of
life's
unknowable yet
universal
mysteries:**

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love. Over a period of six months, Will posed a series of questions to his audience and asked them to reveal their innermost feelings about their own romantic experiences in

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**the form of
hand-written
letters, poems,
photographs,
and emails. The
result is a
curated
collection of
responses that
are, at turns,
funny, dark,
confessional,
awkward,**

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Been Feeling
Lately

**comforting, and
uplifting. This
Modern Love is
a compelling
portrait of
individual
desires,
fantasies,
resentments,
and fears that
reminds us
that, whether
we're in or out**

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Been Feeling
Lately

**of love, we're
not alone.**

**Collection of
Poetry**

**Poems and
Stories**

**The Chaos of
Longing**

**10 Questions to
Take Your**

**Friendships to
the Next Level**

Love Her Wild

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**Poetry that
condenses an
entire
relationship
into a single
day**

In 2015, 52,000
people in the
United States
overdosed on
drugs and died.
Never in
recorded history

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had narcotics
killed so many
Americans in a
single year.

According to New
York Magazine,
the drug-induced
death toll was
so staggering,
it helped reduce
life expectancy
in the United
States for the
first time since

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1993. Heroin is the Worst Thing to Ever Happen to Me, named after an essay of Cook's that was read over 1.2 million times, is a collection of essays on the topic of addiction both previously

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published in
Cook's "The
Other Side of
Addiction"
series and
unpublished. The
book is designed
to
simultaneously
inform and
comfort those
affected by the
disease of
addiction,

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particularly the families who bear witness to their loved ones' downward spiral into the world of addiction.

Having addiction enter one's home can be isolating and terrifying.

There are very little resources

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made available
to the family
members of those
who become
addicted to a
substance. This
book provides
those enduring
this utter
nightmare with
narratives and
resources
(terminology,
additional

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reading in
footnotes, and
information on
virtual/physical
organizations)
to empower the
reader to push
back against the
stigma,
statistics, and
heartache
attached to drug
and alcohol
addiction. In

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the following pages, you will hear from people who have "been there." Everyday warriors who fight tirelessly and endlessly to create change, in hopes another is saved from the same fate. Though some names have been

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changed, the pages contain real accounts from real people who battle addiction and are in recovery or love someone who struggles with addiction. Foreword written by PBS Executive Producer, Steve Rogers and

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Afterword
written by State
Congressman, Tom
MacArthur.

Alicia Cook is
an established
author and
activist from
New Jersey,
where the rate
of heroin
overdose is
three times the
national

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average. Her work has appeared on the Huffington Post, CNN, USA Today, Teen Vogue, and many more. Her best-selling book of poetry, "Stuff I've Been Feeling Lately", was a finalist in the 2016 Goodreads Choice

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Awards and her series, "The Other Side of Addiction", which focuses on the direct effect addiction has on not only users, but their families, is read by millions of people across the country. Her efforts to

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combat the
heroin epidemic,
which include
writing,
appearing on
podcasts, and
speaking to
students and
their parents,
caught the
attention of PBS
Executive
Producer, Steve
Rogers who

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created an episode of his Emmy-nominated documentary series, "Here's the Story" around Cook and her efforts entitled "A Family Disease." The episode was dedicated to Cook's cousin, Jessica, who

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passed away from
a drug overdose
in 2006.

In the vein of
poetry
collections like
Milk and Honey
and
Adulthood, this compilation
of short,
powerful poems
from teen
Instagram

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sensation

@poeticpoison

perfectly

captures the

human

experience. In

Light Filters

In, Caroline

Kaufman—known as

@poeticpoison—do

es what she does

best: reflects

our own

experiences back

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at us and makes
us feel less
alone, one
exquisite and
insightful piece
at a time. She
writes about
giving up too
much of yourself
to someone else,
not fitting in,
endlessly
Googling "how to
be happy," and

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ultimately
figuring out who
you are. This
collection
features
completely new
material plus
some fan
favorites from
Caroline's
account. Filled
with haunting,
spare pieces of
original art,

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Light Filters In
will thrill
existing fans
and newcomers
alike. it's okay
if some things
are always out
of reach. if you
could carry all
the stars in the
palm of your
hand, they
wouldn't be half
as breathtaking

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Ruby and Garnet are ten-year-old twins. They're identical, and they do EVERYTHING together, especially since their mother died three years earlier - but they couldn't be more different. Bossy, bouncy,

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funny Ruby loves
to take charge,
and is desperate
to be a famous
actress, while
quiet,
sensitive,
academic Garnet
loves nothing
more than to
curl up with one
of her favourite
books. And when
everything

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around the twins
is changing so
much, can being
a double act
work for ever?
'I'm a HUGE fan
of Alison
Green's "Ask a
Manager" column.
This book is
even better'
Robert Sutton,
author of The No
Asshole Rule and

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The Asshole
Survival Guide
'Ask A Manager
is the book I
wish I'd had in
my desk drawer
when I was
starting out (or
even, let's be
honest, fifteen
years in)' -
Sarah Knight,
New York Times
bestselling

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author of The
Life-Changing
Magic of Not
Giving a F*ck A
witty, practical
guide to
navigating 200
difficult
professional
conversations
Ten years as a
workplace advice
columnist has
taught Alison

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Green that
people avoid
awkward
conversations in
the office
because they
don't know what
to say.

Thankfully,
Alison does. In
this incredibly
helpful book,
she takes on the
tough

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discussions you
may need to have
during your
career. You'll
learn what to
say when: ·
colleagues push
their work on
you - then take
credit for it ·
you accidentally
trash-talk
someone in an
email and hit

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'reply all' .
you're being
micromanaged -
or not being
managed at all .
your boss seems
unhappy with
your work . you
got too drunk at
the Christmas
party With
sharp, sage
advice and
candid letters

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from real-life readers, Ask a Manager will help you successfully navigate the stormy seas of office life.

This Modern Love
Neon Soul
Born to Love,
Cursed to Feel
Revised Edition
Bidding on the

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Bachelor

Sorry I Haven't
Texted You Back

A poet, journalist,
and activist, Alicia
Cook offers a
soundtrack of
survival.

Structured like an
old-school mix-
tape, *Stuff I've
Been Feeling Lately*

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is Alicia Cook's lyric message to anyone who has dealt with addiction. "Side A" touches on all aspects of the human condition: life, death, love, trauma, and growth. "Side B" contains haunting

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black-out remixes
of those poems.
In the present
book, How to Win
Friends and
Influence People,
Dale Carnegie says,
"You can make
someone want to do
what you want
them to do by
seeing the situation

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from the other person's point of view and arousing in the other person an eager want."

You learn how to make people like you, win people over to your way of thinking, and change people without causing

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offense or arousing resentment. For instance, "let the other person feel that the idea is his or hers" and "talk about your own mistakes before criticizing the other person." This book is all about building relationships. With

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good relationships,
personal and
business successes
are easy and swift
to achieve. Twelve
Ways to Win
People to Your
Way of Thinking 1.
The only way to get
the best of an
argument is to
avoid it. 2. Show

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respect for the other person's opinions. Never say "You're wrong." 3.

If you're wrong, admit it quickly and emphatically.

4. Begin in a friendly way. 5.

Start with questions to which the other person

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will answer yes. 6.

Let the other person do a great deal of the talking.

7. Let the other person feel the idea is his or hers. 8.

Try honestly to see things from the other person's point of view. 9. Be sympathetic with

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the other person's ideas and desires. 10. Appeal to the nobler motives. 11. Dramatize your ideas. 12. Throw down a challenge. this book of poetry is for you. the broken hearted soul in need of encouragement. let

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me remind you who
you truly are. you
are the power of
nature, waiting to
take the world by
storm. this book of
poetry will be the
fire that ignites
your soul and
passionf or life.
Anthem-like poems
about relationships,

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mental health, loss,
and recovery from
the activist and
bestselling author
of Stuff I've Been
Feeling Lately. The
reader's

experience with this
unique collection is
lifted from the page
as Alicia Cook has
collaborated with a

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number of up and coming musicians to transform some of her poetry into song. Like her debut book, this one is divided into two parts. Modeled after a vinyl record this time, the collection is separated into the

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EP record, holding Cook's shorter poetry, and the LP record, holding Cook's longer poetry, prose, and songwriting. Together, they form an inspiring collection for all those recovering from something.

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"Through each internal rhyme and turn of phrase, she presents new ways of interpreting despair, courage and overcoming. The poems are mostly devoid of gender pronouns, favoring the first and second person

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to promote
accessibility for all.
Cook is self-reliant
and fully aware of
how to make her
voice heard."

—Asbury Park
Press "This book
was raw . . . Alicia
Cook writes about
very important
topics, some of

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them really hard to read about, especially if they hit too close to home You will always find a poem, a sentence, something that will speak to you, to your heart, to what you're going through and this book did just

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that for me."

—Chapter Ninety-
Two "A heartfelt,
emotional,
beautiful book of
poems." —The
Pages In-Between
Out of My Mind
Stuff I've Been
Feeling Lately
Light Filters In:
Poems

Get Free Stuff Ive
Been Feeling
Lately

I Hope My Voice
Doesn't Skip
Double Act

**A revised and
expanded
paperback
edition of We
Hope This
Reaches You in
Time by
Samantha King
Holmes and r.h.**

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**Sin with all-new
bonus material
from the authors.**

**Ideas, poetry,
and prose from
bestselling
authors**

**Samantha King
Holmes & r.h.**

Sin.

**In the spirit of
her bestselling**

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**series, Pillow
Thoughts,
Courtney
Peppernell
returns with a
new, empowering
collection of
poetry and prose.
From heartbreak
to dreaming of
and finding a
new love to**

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**healing the heart
to ultimately
finding peace,
the themes in
this book are
universal but
also uniquely
individual to
readers. Just as
moving and
endearing as
Peppernell's**

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Lately

**previous books, I
Hope You Stay is
a reminder of the
resilience and
hope needed
after heartache
and pain. The
book is divided
into five sections,
with poems
ranging from free
verse to short**

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Lately

**form. These
words are a light
in the deepest
hours of the
night: Hold on.
The sun is
coming.
She Felt Like
Feeling Nothing
How to Win
Friends and
Influence People**

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Been Feeling
Lately

**Heroin Is the
Worst Thing to
Ever Happen to
Me
Things We Don't
Talk about
How to Navigate
Clueless
Colleagues,
Lunch-Stealing
Bosses and
Other Tricky**

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Been Feeling
Lately

**Situations at
Work**