

## Rock Shox Tora Service Guide File Type

RockShox Fork - Full Rebuild. How To Service Upper And Lower Legs. Tutorial  
DIY RockShox Fork Service | Full rebuild

Service Your RockShox Recon RL Fork MORE Often. Full Tutorial: Upper \u0026  
Lower Stanchions Overhaul. Rock Shox Dart 3 Service \u0026 Repair, How To  
Tear Down Same as Dart 1/2 \u0026 many more Rock Shox Tora 140mm travel  
increase How To Service Rock Shox MTB Fork | Mountain Bike Maintenance  
Rock Shox Tora 302 masa bakimi RockShox Solo Air Service ROCKSHOX 50  
Hour Lower Leg Service DIY RockShox fork | full service How To || Rockshox  
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RockShox Tora 318 (Coil U-Turn) \\  
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RockShox Lyrik Lower Legs Service  
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£ 10 Rockshox XC28 Mountain Bike Fork - Teardown And Rebuild  
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2006 Tora Service Guide GETTING STARTED TOOLS LOWER LEG REMOVAL  
(AIR ANDU-TURN) · Perform service every 100 hours of riding (less depending  
on riding conditions and riding style). · Regular maintenance ensures your  
RockShox suspension fork performs as it should.

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Servicing RockShox suspension requires knowledge of suspension components as well as the special tools and fluids used for service. Used suspension fluid should be recycled or disposed of in accordance to local and federal regulations. NEVER pour suspension fluid down a sewage or drainage system or into the ground or a body of water.

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TOOLS NEEDED FOR SERVICE TOOLS NEEDED FOR SERVICE (CONT)  
(ALL FORKS) The following chart is a list of the model year 2007 tools needed for service on your RockShox fork. While this chart is intended to be comprehensive, it is still only a guide. The tools required for each step of service are detailed in the text of each service section.

### ~~2007 ROCKSHOX TECHNICAL MANUAL~~

Option UPC MPN Store SKU; Domain (2012-2015) 710845684500

00.4315.032.230 Paragon Gold Solo Air A1 710845754531 00.4315.032.530

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support all in your hand, customized for your fork.

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I also upgraded this fork by adding a MoCo Damper with lockout (Rock Shox Argyle adjustable Motion Control Compression Damper). It was only \$60, and it was super easy to install. WOW!! This was a huge upgrade! This added adjustable compression damping, adjustable floodgate control (just like a pro-pedal), and a lock-out.

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ROCKSHOX RockShox website Axle to Crown Chart Current Model Year Unless Noted Otherwise All models +/- 5mm 28mm Forks 99-08 SID 63: 434mm 99-08 SID 80: 451mm 32mm Forks Argyle 80: 471mm Argyle 100: 491mm SID 80: 453mm SID 90: 463 SID 100: 473 Dart 80: 454mm Dart 100: 471mm Dart 120: 501mm Tora XC/SL/RACE 80: 450mm Tora XC/SL/RACE 100: 470mm ...

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The RockShox Recon sets the benchmark for value-based performance. Recon represents a perfect partnership between Reba's lower legs and bombproof RockShox steel Fast Black upper tubes. Adopting the Reba chassis allowed the design team to employ shorter upper tubes, which means Recon just went on a serious weight-loss program.

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