

Managing Self Harm: Psychological Perspectives

Managing Self-Harm Psychological Perspectives Routledge Practitioners in Community Mental Health Teams (CMHTs) frequently find that traditional forms of support are ineffective when offered to patients with personality disorder. This book considers the various difficulties encountered, with reference to current thinking about the origins, maintenance and treatment of personality disorder. Written by practitioners for practitioners, it provides a framework for developing effective care plans with minimal use of technical terms and jargon. Rather than promote an approach based on a single theoretical model, consideration is given to ways in which different approaches can be effectively combined within a multi-disciplinary team. The book is divided into two sections. The first outlines recent government initiatives relating to personality disorder and introduces key theories underlying psychological and biological treatments. The second focuses specifically on the role of the CMHT in relation to patients with these difficulties, including: the assessment of personality functioning developing coherent plans for treatment and support optimising the therapeutic relationship managing self-harming behaviour particular challenges faced by CMHTs, and how to overcome them the views of service users involving family, friends and carers. Personality Disorder and Community Mental Health Teams deals with the reality of services today. It is essential reading for all mental health practitioners in CMHTs working with people with personality disorder. The exponential growth of clinical psychology since the late 1960s can be measured in part by the extensive-perhaps exhaustive-literature on the subject. This proliferation of writing has continued into the new century, and the field has come to be defined as much by its many topics as its many voices. The Oxford Handbook of Clinical Psychology synthesizes these decades of literature in one extraordinary volume. Comprising chapters from the foremost scholars in clinical psychology, the handbook provides even and authoritative coverage of the research, practice, and policy factors that combine to form today's clinical psychology landscape. In addition to core sections on topics such as training, assessment, diagnosis, and intervention, the handbook includes valuable chapters devoted to new and emerging issues in the

clinical field, including health care reforms, cultural factors, and technological innovations and challenges. Each chapter offers a review of the most pertinent literature, outlining current issues and identifying possibilities for future research. Featuring two chapters by Editor David H. Barlow -- one on changes during his own 40-year odyssey in the field, the other projecting ten themes for the future of clinical psychology -- The Oxford Handbook of Clinical Psychology is a landmark publication that is sure to serve as the field's benchmark reference publication for years to come. It is an essential resource for students, clinicians, and researchers across the ever-growing clinical psychology community.

Self-harm often arises at moments of despair or emotional intensity, and its reasons are not necessarily available to the conscious mind. Managing Self-Harm explores the meaning and impact of self-harm, and the sense in which it is a language of the body. It is designed to help clinicians, people who self-harm and their families and carers to understand its causes, meaning and treatment. Each chapter integrates theory with clinical illustration, enabling the direct experiences of those who self-harm to be heard and reflecting the populations that are most likely to self-harm. The contributors are drawn from a wide range of backgrounds, including clinical psychology, psychotherapy, group analysis and psychiatric nursing. Areas of discussion include: self-harm and young people in foster care and residential settings self-harm in women's secure services self-harm in people diagnosed with personality disorder This book does not offer a prescription for self-harm cessation but rather describes therapeutic approaches to working with self-harm, and outlines the complex, subtle and meaningful interactions between those who engage in self-harm and those who seek to understand it. With a specialist interest in women's self-harm, Managing Self-Harm will be essential reading for all mental health professionals, including clinical psychologists, psychotherapists, psychiatrists, psychiatric nurses and social workers.

Psychological Perspectives on Praise

Psychological Approaches to Pain Management

A Practitioner's Handbook

Perspectives on the Psychological, Social, and Clinical

Implications of Self-Directed Disgust

Stopping the Pain

Thinking about the Lifecourse

Self-Injury and Cutting

This report explores risk assessment and risk management for people being discharged from psychiatric hospital. It breaks new ground by asking service users about their views and experiences. It also includes information about the harm that service users experienced and explores the perspectives of mental health workers, relatives and friends.

This report provides an overview of the current state of knowledge about why some people hear voices, experience paranoia or have other experiences seen as 'psychosis'. It also describes what can help. In clinical language, the report concerns the 'causes and treatment of schizophrenia and other psychoses'. In recent years we have made huge progress in understanding the psychology of what had previously often been thought of as a largely biological problem, an illness. Much has been written about the biological aspects: this report aims to redress the balance by concentrating on the psychological and social aspects, both in terms of how we understand these experiences and also what can help when they become distressing. We hope that this report will contribute to a fundamental change that is already underway in how we as a society think about and offer help for 'psychosis' and 'schizophrenia'. For example, we hope that in future services will no longer insist that service users accept one particular view of their problem, namely the traditional view that they have an illness which needs to be treated primarily by medication. The report is intended as a resource for people who work in mental health services, people who use them and their friends and relatives, to help ensure that their conversations are as well informed and as useful as possible. It also contains vital information for those responsible for commissioning and designing both services and professional training, as well as for journalists and policy-makers. We hope that it will help to change the way that we as a society think about not only psychosis but also the other kinds of distress that are sometimes called mental illness. This report was written by a working party mainly comprised of clinical psychologists drawn from the NHS and universities, and brought together by their professional body, the British Psychological Society Division of Clinical Psychology. This report draws on and updates an earlier one, *Recent Advances in Understanding Mental Illness and Psychotic Experiences*, which was published in 2000 and was widely read and cited. The contributors are leading experts and researchers in the field; a full listing with affiliations is given at the end of the report. More than a quarter of the contributors are experts by experience - people who have themselves heard voices, experienced paranoia or received diagnoses

such as psychosis or schizophrenia. At the end of the report there is an extensive list of websites, books and other resources that readers might find useful, together with list of the academic research and other literature that the report draws on.

Praise is perhaps the most widely used technique to influence others. When used appropriately, praise can motivate people, make them feel better, and improve their social relationships. Often, however, praise fails to work as intended and may even cause harm. Psychological Perspectives on Praise reviews and integrates psychological theory and research to provide an overarching perspective on praise. With contributions from leading scholars in the field, this book amalgamates diverse theoretical and empirical perspectives on praise. The book starts with providing an overview of prominent theories that seek to explain the effects of praise, including self-enhancement theory, self-verification theory, attribution theory, and self-determination theory. It then discusses several lines of empirical research on how praise impacts competence and motivation, self-perceptions (e.g., self-esteem and narcissism), and social relationships. It does so in a range of contexts, including children's learning at school, employees' commitment at work, and people's behavior within romantic relationships. The book concludes by showing how praise can be understood in its developmental and cultural context. Revealing that praise is a message rich in information about ourselves and our social environments, this book will be of interest to social, organizational, personality, developmental, and educational psychologists; students in psychology and related disciplines; and practitioners including teachers, managers, and counselors who use praise in their daily practice.

Designed for maximum clinical utility, this volume shows how to tailor psychological treatment programs to patients suffering from a wide range of pain problems. Conceptual and diagnostic issues are discussed, widely used clinical models reviewed, and a framework presented for integrating psychological treatment with medical and surgical interventions.

**Understanding the Inner Voice of Depression in Young People
Self-Harm in Young People**

Professional and Therapeutic Boundaries in Forensic Mental Health Practice

Mental Health Service User Involvement in Risk Assessment and Management

Self-harm

Research and Practices in Hong Kong, Singapore, and Beyond

Making Sense of Self-harm

A contemporary overview of the major psychological therapies and psychological approaches to mental disorder for all mental health professionals.

Self-harm in adolescents is a growing problem which has been poorly defined, clinically neglected and insufficiently researched. This volume synthesizes the available research on adolescent self-harm and presents the reader with the best available evidence on self-harm treatment. It is aimed at those who treat, research and teach about self-harm.

Secure Recovery is the first text to tackle the challenge of recovery-oriented mental health care in forensic services and prison-based therapeutic communities in the UK. Recovery as an emergent paradigm in the field of mental health presents a challenge to all services to embrace a new clinical philosophy, but nowhere are the implications more profound than in services that are designed to meet the needs of mentally disordered and personality-disordered offenders, both men and women. The chapters collected together in this book represent a cross-section of experiences in high, medium and low secure services and prison-based therapeutic communities in England and Scotland that have begun to implement a recovery orientation to the rehabilitation of offenders with mental health needs. Secure Recovery sets out a road map of guiding principles, practical and evidence-based strategies for promoting service user participation in their care and treatment and further demonstrates the adaption of traditional treatment approaches, and the development of innovations in rehabilitation, as well as tackling training for staff teams, and the evaluation of service delivery. This book provides a valuable resource and an inspiration to practitioners working across forensic mental health settings, increasing understanding of contemporary challenges and suggesting ways of moving forward.

A quarter of adolescents engage in some form of self-harm and even experienced therapists can find working with these young people difficult. Based on Cognitive Behaviour Therapy (CBT), a highly effective method for working with emotional problems, Cutting Down offers a practical and accessible programme for mental health therapists from different professional backgrounds working with young people who self-harm. The programme is comprised of four parts, each covering a specific stage of therapy, and is split into 27 short modules. Although designed to be delivered over a course of 14 sessions, the programme is presented in a way that allows the therapist to decide which combination of specific modules is chosen and how long is spent on each, based on the specific clinical needs of the person they are working with. Throughout the programme, virtual patients are used to illustrate the various exercises and strategies. Part One, What's Going On?, introduces self-harm and CBT and aims to develop insight into feelings, problems, goals and the concept of change. Part Two, Feelings, Thoughts and Behaviour, looks at working on activities, managing depression and identifying and managing negative thoughts. Part Three, Coping Strategies, introduces modules on problem solving, assertiveness,

mindfulness and alternatives to self-harm. Part Four, On You Go!, finishes up the programme with a review of goals, identifying triggers and developing a 'first aid kit' and a 'tool box' of skills to reinforce the programme.

Downloadable worksheets enhance the practicality of the text. Designed to support clinicians working with adolescents engaging in self-harm, this unique workbook is ideal for counsellors, counselling psychologists, clinical psychologists, CBT therapists, IAPT practitioners, CAMHS mental health workers and nurse therapists as well as students and trainees.

The Therapeutic Milieu Under Fire

The Visual Rhetoric of Online Self-Harm Communities

What Works for Whom?, Second Edition

Psycho-Criminological Perspective of Criminal Justice in Asia

EBOOK: Public Mental Health: Global Perspectives

Why People Sometimes Hear Voices, Believe Things that Others Find Strange, Or Appear Out of Touch with Reality, and what Can Help Nonsuicidal Self-Injury

The standard reference in the field, this acclaimed work synthesizes findings from hundreds of carefully selected studies of mental health treatments for children and adolescents. Chapters on frequently encountered clinical problems systematically review the available data, identify gaps in what is known, and spell out recommendations for evidence-based practice. The authors draw on extensive clinical experience as well as research expertise. Showcasing the most effective psychosocial and pharmacological interventions for young patients, they also address challenges in translating research into real-world clinical practice. New to This Edition *Incorporates over a decade of research advances and evolving models of evidence-based care. *New chapter topic: child maltreatment. *Separate chapters on self-injurious behavior, eating disorders, and substance use disorders (previously covered in a single chapter on self-harming disorders). *Expanded chapters on depression, anxiety, and conduct disorder. *Includes reviews of the burgeoning range of manualized psychosocial "treatment packages" for children.

The Aesthetics of Self-Harm presents a new approach to understanding parasuicidal behaviour, based upon an examination of online communities that promote performances of self-harm in the pursuit of an idealised beauty. The book considers how online communities provide a significant level of support for self-harmers and focuses on relevant case studies to establish a new model for the comprehension of the online supportive community. To do so, Alderton explores discussions of self-harm and disordered eating on social networks. She examines aesthetic trends that contextualise harmful behavior and help people to perform feelings of sadness and vulnerability online. Alderton argues that the traditional understanding of self-violence through medical discourse is important, but

that it misses vital elements of human group activity and the motivating forces of visual imagery. Covering psychiatry and psychology, rhetoric and sociology, this book provides essential reading for psychologists, sociologists and anthropologists exploring group dynamics and ritual, and rhetoricians who are concerned with the communicative powers of images. It should also be of great interest to medical professionals dealing with self-harming patients.

This groundbreaking book explores the psychodynamics and socio-politics of the forensic therapeutic milieu, addressing some of the most difficult and complex issues facing practitioners. It sets out a psycho-social framework for understanding the predicament and the needs of those who live in and those who work in forensic mental health settings. It brings to life the thinking of those working on the frontline in an increasingly difficult and hostile environment, and draws together fresh and stimulating approaches to engagement with highly complex individuals who present challenges to traditional models of psychiatric assessment and treatment. Contributors with considerable clinical experience and expertise from a range of disciplines consider the ethical, emotional and intellectual challenges of their work, and describe ways in which genuine containment and change can be achieved despite numerous perceived assaults on therapeutic relationships, and on the therapeutic milieu itself. Combining clinical case studies with organisational perspectives and clear descriptions of theoretical processes, they explore key issues including the challenges of maintaining role-appropriate, 'boundaried' relationships; the tensions between public protection and individual confidentiality; questions of risk and responsibility; duty of care and respect for individual liberty; the challenges posed by inter-professional tensions and rivalries; as well as specific clinical dilemmas. The difficulties they experience in fulfilling specific therapeutic roles in the face of uncertainties about the funding and commissioning of their services are addressed, and the final part of the book outlines some of the ways in which individuals, particular services and whole organisations may protect themselves when under attack. This unique and highly original book is essential reading for all those working, or training to work, in both forensic and non-forensic inpatient therapeutic milieux and for academics and lay readers interested in the societal dynamics of inclusion and exclusion that are replicated and magnified in these settings.

At a time when teenage depression is escalating to worrisome levels, parents are alarmed to hear their children saying life is becoming too painful and not worth living. *You Are Not Alone* is an illuminating exposition on the inner dynamics of young people who are journeying through life challenges in a rapidly changing world of stressful situations

rarely encountered a generation ago. While coping skills need to be re-examined, the ultimate goal in battling anxiety for these young people is not freedom from pain but a worthy, meaningful journey to adulthood. This appealing guidebook for parents, teachers and caregivers help give insight into adolescent depression and how to intervene to prevent the worst possible outcomes.

Introduction to A Global History of Execution and the Criminal Corpse

Primary Care Mental Health

Seminars in the Psychotherapies

Approaches to Recovery in Forensic Mental Health Settings

The Oxford Handbook of Clinical Psychology

Understanding Children and Young People's Mental Health

How we change over time - who we love, what work we do, how we die - is shaped both by internal, and external influences. This book explores the important subject of human growth and development by combining the social context of how people live with their personal ways of thinking and being. The result is a greater understanding of why people are who they are. Taking a psychosocial approach to exploring human growth and development, this book: • Provides an insightful exploration of the human life course by looking at significant life stages and key themes (such as parenting, ill-health and violence). • Draws on both contemporary and classic research in the fields of psychology and sociology, to deliver an in-depth analysis of issues about self and society. • Moves beyond traditional, limiting approaches to understanding people's lives toward an interdisciplinary, psychosocial approach. Whether you are studying on a Social Work, Nursing or related Health or Social Care degree, or taking a course in the newly emerging field of Psychosocial Studies, this book is a clear and ground-breaking contribution to the understanding of human growth and development.

Adopting a predominantly psychological approach, this book provides carers with up-to-date information and resources to provide appropriately individualised care to people with learning disabilities who self-injure. *Understanding and Working with People with Learning Disabilities who Self-Injure* synthesises traditional (behavioural) and newer (psychological) approaches to understanding self-injury, drawing on psychoanalytic and social theory to provide practical guidelines for more sustained and effective support. It suggests that motivations for self-injury may be similar for people with and without learning disabilities, and draws on case work examples to suggest person-centred techniques that encourage communication – particularly important with people who do not use verbal communication - and recovery. The book covers a range of specific needs, including people with autism who self-injure, and emphasises the views of people with learning disabilities themselves and their families about what has worked best, and why. At the end of each chapter, a variety of practical implications for the provision of support are given. This book is for those supporting people with learning disabilities who self-injure and will be a useful resource for social workers, psychologists, counsellors, learning support workers, nurses and social and health care students.

Mental health is a fundamental public health priority, and this stimulating and comprehensive book brings together all of the key issues to offer an overview for students and practitioners alike. Written by a team of leading international experts, the book summarizes the evidence base and asks the key questions at the heart of a range of topics from community development to public mental health in schools and recovery and well-being. The book includes: Mini toolkits at the end of each chapter that include tips for effective practice, reflection points and questions to consider Case studies exploring real world examples of public mental health in action Discussion and opinion encouraging readers to question and debate the issues at the core of public mental health policy The book also includes a chapter written by Kate E. Pickett and Richard G. Wilkinson, authors of the best selling book *The Spirit Level*. *Public Mental Health: Global Perspectives* is an invaluable tool to give readers the confidence to develop effective mental health tools and programs that will improve public mental health. Contributors: John Ashton, Jane Barlow, Annette Beautrais, Peter Byrne, Sandra Carlisle, Mima Cattan, Elaine Church, Cary Cooper, Patrick Corrigan, Mary O ' Hagan, Phil Hanlon, Eva Jané-Llopis, Anthony Jorm, Gregory Luke Larkin, Crick Lund, Jane Mathieson, Margaret Maxwell, Maura Mulloy, Michael Nash, Inge Petersen, Kate Pickett, Nicola Reavley, Nicholas Rüsçh, Jude Stansfield, Sarah Stewart-Brown, Mark Weist and Richard Wilkinson. "This book is written by renowned experts from a wide range of disciplines who carefully explore issues and tensions within the field. It will be a great resource not just for those working in public health practice but also for all those whose work has an influence on this vitally important aspect of human life." Professor Lindsey Davies, President of the Faculty of Public Health "The book provides a convincing account of the many ways in which our society could become more mentally healthy. It should be read by businessmen, teachers and politicians as much as by clinicians" Prof Lord Layard

The first book on self-harm written for parents by parents. Are you concerned that your child may be self-harming? Are you wondering what to do for the best? Do you need more information and help? If so, this is the book for you. An ever-increasing number of young people are turning to self-harm in order to cope with the pressures of modern living, and this poses a huge problem for parents and others who care for them. This book provides the answers you need to questions such as: how do I know for sure whether my child is self-harming?; how should I approach my child?; what help and treatment is available to us?; what can I do to help my child?; how have other parents coped? Full of the real-life experiences of other parents who have been there, this is a practical book that will both inform and equip you to help your child and yourself through this difficult time.

Crimes Against the Body

Secure Recovery

Understanding Psychosis and Schizophrenia

Understanding Suicide

The Aesthetics of Self-Harm

Placement Learning in Mental Health Nursing E-Book

Introduction Chapter from *A Global History of Execution and the Criminal Corpse*

Self-harm in adolescence and late teens is known to be increasing, though it is difficult to detect and inconsistently recorded. This thorough, practical and evidence-based book provides guidance for

professionals and parents caring for children and young people at risk of self-harm and suicide. Claudine Fox and Keith Hawton discuss risk factors for self-harm, including depression, substance abuse and antisocial behaviour, and critically examine key screening instruments that can be used to assess risk. They describe how suicidal behaviour can be managed and prevented, and look at the effectiveness of aftercare treatment for those who self-harm, including school-based suicide-prevention programs and family therapy. Also addressed are common myths about self-harm and the problem of varying definitions in this field. *Deliberate Self-Harm in Adolescence* clearly summarizes and evaluates current research into suicidal behaviour - it is essential reading for social workers, mental health professionals, GPs, teachers and parents.

First Published in 2000. Routledge is an imprint of Taylor & Francis, an informa company.

This book offers both theoretical and practical examinations of the psycho-criminology of criminal justice in Asia, with particular emphasis on the Hong Kong and Singapore contexts. It is designed to present the current state of the field, which addresses key topics in three major sub-areas – policing and legal system, offender rehabilitation and treatment, and research and future directions. Written by academics with extensive research experience in their respective topics and senior ranking practitioners in their fields, topics include psychologists' involvement in different aspects of forensic investigation, police emotional reactions to major incidents, the application of psychological approaches in developing offender rehabilitation and treatment modules to address different offender's criminogenic needs, and legal issues related to the insanity defence, fitness to plead, the jury system, and the procedural justice and legitimacy. An important reference for post-graduate courses, this book will be of special interest to criminologists and psychologists working in forensic settings, mental health professionals, policy-makers, police personnel, prison officials, and legal executives. Chapters include: 1. Youth gang offenders in Singapore 2. Offender rehabilitation: the Hong Kong Correctional Services Department 3. Juries as decision makers in East Asian judicial systems: Hong Kong, the Mainland China, South Korea, and Japan 4. The psychology of violent extremism: what we know and what else we need to do

Self-injury and cutting refers to harming one's own body on purpose, a troubling problem that tends to begin in the teen or early adult years. Also known by several other terms, including "self-harm" and "self-mutilation," the behavior is often used as an outlet to get temporary relief from tormenting emotions. Written by a medical doctor, this book offers honest information about self-injury, who it tends to affect, and possible reasons people self-injure. The author is straightforward, yet sympathetic and supportive, in detailing the dangers of the behavior and how teens can help themselves or others to stop. Myths and facts, questions for a therapist, and organizations to contact for further information are helpful features.

What every parent needs to know

Personality Disorder and Community Mental Health Teams

Diverse roles for Occupational Therapists

Cutting Down: A CBT workbook for treating young people who self-harm

Living with Risk

Bringing Together Physical and Mental Health

A Critical Review of Treatments for Children and Adolescents

A comprehensive guide to this emerging field, fully updated to cover clinical, policy, and practical issues with a user-centred approach.

Worried about your Mental Health placement? Will you fit in? Will you have the right skills? What do you need to learn for practice assessments? This book will help you with all these concerns. It will tell you what to expect

from the placement, what you can learn, how to link theory and practice, and how to make the most of your learning opportunities. Placement Learning in Mental Health Nursing covers the following areas: A logical, step-by-step approach to preparing for a mental health placement Helps make the most of learning opportunities Explains how to develop mental health competencies Narratives from other students describe what the placement will really be like Honest discussion of the challenges of a mental health placement to help avoid problems Advice on possible approaches to situations that may arise Keeps the aim of recovery as a central philosophy in line with contemporary thinking in mental health services. Takes a logical, step-by-step approach to preparing for learning on a mental health placement Introduces the principles of care, support and treatment of an individual with mental health problems, linking university-learned theory to practice Uses narratives from other students to describe what the placement will really be like Highlights potential learning opportunities and experiences available on a mental health placement Explains how to develop your clinical portfolio by completing specific exercises and activities Maps all activities and exercises to the NMC competencies Discusses the possible challenges that may arise during a mental health placement and advises on approaches to a range of situations Keeps the aim of recovery as a central philosophy in line with contemporary thinking in mental health care. Series features: A unique guide to getting the most from clinical placements How to prepare for your placement What you can expect to learn during a placement Clear links to, and examples of, achieving NMC competencies Guidance on what to use as evidence for your portfolio Case studies that link theory with practice How to consolidate your experience and learn from the placement Tips, activities, further reading suggestions and useful websites.

Understanding Children and Young People's Mental Health has been designed to help the student and newly qualified health care professional to familiarise themselves with the key theoretical frameworks underpinning the field of children and young people's mental health. It explores the mental health challenges that children and young people face, and how we as adults can work alongside them to help them face and overcome such challenges. This book provides comprehensive information on the theory and practice of particular mental health difficulties which children and young people may have to face, including self-harm, depression, suicide, child abuse, eating disorders, substance misuse, and early onset psychosis. Understanding Children and Young People's Mental Health is essential reading for pre-registration students in nursing and healthcare on child and mental health branches, and for newly qualified nursing, health and social care practitioners who work with children and young people. Brings together specialist practitioners and academics in the field

Incorporates the latest guidelines and policies Practical and accessible in style with learning outcomes, activities, examples and recommended reading in each chapter

Diverse roles for occupational therapists is a compilation of a range of roles for occupational therapists. Authors show how they have embraced opportunities, extended roles, and developed services along with the ever-changing world of statutory services policy. Whilst many of the chapters allude to mental health fields (care coordination, a number of mental health specialities, Mental Health Act), the book also includes topics relevant to general practice (research roles, advanced practice, Assistive Technology, the Mental Capacity Act). This book is intended to inform and inspire the reader, to share ways of dealing with hurdles whilst remaining resilient to prevailing pressures and difficulties borne out of our working lives as occupational therapists in a wide range of settings. Contents include: Occupational therapists as care coordinators Occupational therapists and assertive outreach Occupational therapists working in a Crisis Home Treatment Team Occupational therapy on a Psychiatric Intensive Care Unit Prison inreach: the occupational therapist role Social groups within an intensive mental health team, and creative methods for evaluating the service Occupational therapists delivering Recovery Occupational therapists delivering rehabilitation Roles in vocational rehabilitation Occupational therapists delivering assistive technology The child and adolescent primary mental health work role Enabling young people's participation in their mental health service Working with families Early intervention with psychosis: the occupational therapist's role Working with people with personality disorder Working with people with eating disorders Occupational therapists as cognitive behaviour therapists Improving Access to Psychological Therapies The Approved Mental Health Professional role Roles associated with the Deprivation of Liberty Safeguards The occupational therapist as an advanced practitioner Research roles for occupational therapists Understanding and Working with People with Learning Disabilities who Self-injure

Psychological Perspectives

The Parent's Guide to Self-Harm

A Psychosocial Introduction

The Psychology of Female Violence

Deliberate Self-Harm in Adolescence

A guide for students in practice

Self-harm is a distressing and all too common presentation to emergency departments, and yet there is no clear understanding of what it represents, and success rates of interventions to prevent future episodes are enormously variable. Therapeutic Assessment for self-harm is a pragmatic model, developed by the authors of this book and forming an

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This book provides an expert synthesis of these clinical advances. It covers the nature of personality disorders, assessment, diagnosis and classification, management and a broad range of therapeutic approaches. Written by practitioners with real expertise in the field, the book is equally suitable for psychiatric trainees and more experienced clinicians from the full range of disciplines in mental healthcare. Up to date and comprehensive.

*Includes service user experiences. Draws on a wealth of real clinical experience. Eclectic range of therapies and approaches. Covers all age groups and specialist settings. Five chapters have been specially commissioned for this book, while previous versions of the other 15 chapters have been published in the journal *Advances in Psychiatric Treatment* - many have been extensively updated by the authors.*

This guideline has been developed to advise on the short-term physical and psychological management and secondary prevention of self-harm in primary and secondary care. The guideline recommendations have been developed by a multidisciplinary group of healthcare professionals, patients and their representatives, and researchers after careful consideration of the best available evidence. It is intended that the guideline will be useful to clinicians and service commissioners in providing and planning high quality care for those people who self-harm while also emphasising the importance of the experience of care for service users and carers.

People who use forensic mental health services are defined by the fact that they have violated boundaries, often in many ways. This book provides a thorough introduction to the subject of professional and therapeutic boundaries and their particular complexities within forensic mental health settings.

Self-Harm in Young People: A Therapeutic Assessment Manual

Self-harm as violence: when victim and perpetrator are one

A Practitioner's Guide

A New Frontier for Integrated Care

Security and Insecurity in Forensic Mental Health

You Are Not Alone

The Cultural Meaning and Social Context of Nonsuicidal Self-injury

In this book international experts address a range of key current issues relating to suicide. The opening chapters discuss nosology, definitions, clinical determinants, and conceptual models of the suicide process and consider the evidence regarding potential biomarkers of suicide risk based on neuroscientific research. Adopting a neo-Durkheimian perspective, the role of various social factors in the genesis of suicidal behavior is then explored in depth. Practical user-friendly tools that facilitate risk assessment by clinicians are provided, and detailed consideration is given to efficient and innovative strategies for the prevention of suicide and the treatment of suicidal behavior, such as psychotherapy, psychopharmacological approaches, and effective organization of care, including surveillance and the use of online tools. The final part of the book focuses on the need for and development of a personalized approach within the field of suicide prevention.

Nonsuicidal self-injury (NSSI) is a baffling, troubling, and hard to treat phenomenon that has increased markedly in recent years. Key issues in diagnosing and treating NSSI adequately include differentiating it from attempted suicide and other mental disorders, as well as understanding the motivations for self-injury and the context in which it occurs. This accessible and practical book provides therapists and students with a clear understanding of these key issues, as well as of suitable

assessment techniques. It then goes on to delineate research-informed treatment approaches for NSSI, with an emphasis on functional assessment, emotion regulation, and problem solving, including motivational interviewing, interpersonal skills, CBT, DBT, behavioral management strategies, delay behaviors, exercise, family therapy, risk management, and medication, as well as how to successfully combine methods.

Making Sense of Self-Harm provides an alternative approach to understanding nonsuicidal self-injury; using Cultural Sociology to analyse it more as a practice than an illness and exploring it as a powerful cultural idiom of personal distress and social estrangement that is peculiarly resonant with the symbolic life of late-modern society.

Self-disgust (viewing the self as an object of abhorrence) is somewhat of a novel subject for psychological research and theory, yet its significance is increasingly being recognised in the clinical domain. This edited collection of articles represents the first scholarly attempt to engage comprehensively with the concept of self-directed disgust as a potentially discrete and important psychological phenomenon. The present work is unique in addressing the idea of self-disgust in depth, using novel empirical research, academic review, social commentary, and informed theorising. It includes chapters from pioneers in the field of psychology, and other selected authorities who can see the potential of using self-disgust to inform their own areas of expertise. The volume features contributions from a distinguished array of scholars and practising clinicians, including international leaders in areas such as cognition and emotion, psychological therapy, mental health research, and health and clinical psychology.

A Treatment for Men and Women in Secure Hospital Settings

Forensic Music Therapy

Clinical Topics in Personality Disorder

Chapter 4 from Women and Violence. The Agency of Victims and Perpetrators

The Short-term Physical and Psychological Management and Secondary Prevention of Self-harm in Primary and Secondary Care (Nice Guidelines)

Toxic Couples: The Psychology of Domestic Violence

From Diagnosis to Personalized Treatment

Domestic violence is a major public health concern, affecting millions worldwide. It is underreported, often devastating and sometimes ends in murder. In *Toxic Couples: The Psychology of Domestic Violence*, Anna Motz integrates psychological and criminological data with clinical illustrations and discussion of current high-profile cases. She examines the complex manifestations and multiple causes of intimate partner violence. Motz disentangles the roles played by those involved and examines the addictive nature of these damaging partnerships. The book describes various forms of abuse, including physical, sexual and emotional, and analyses how intimate partner violence can escalate to murder. She explores important factors including: the role of addiction; homelessness and vulnerability; the intergenerational transmission of abuse; sadomasochistic relationships; honour-based violence. The book emphasizes the significance of female- as well as male-perpetrated violence and outlines the powerful impact on the children of abusive parents, extending the clinical awareness of professionals working with those affected. *Toxic Couples: The Psychology of Domestic Violence* is ideal for clinicians working with the victims and perpetrators of intimate partner violence, for students of psychology, gender studies and social care courses and for anyone interested in the psychological forces behind violence in relationships.]

Includes Appendices. "The oak and the ash" [lyrics] : English folksong ; The prototype treatment manual ; The treatment stage summary ; Interview schedule ; Further details

from the original qualitative data.

This is a chapter from *A Global History of Execution and the Criminal Corpse* edited by Richard Ward. This chapter is available open access under a CC BY license. Capital punishment is an historical universal — it has been practiced at some point in the history of virtually all known societies and places. That is not to say, however, that it is an historical constant — the use, form, function and meaning of execution has varied greatly across different historical contexts. This is likewise true for an important — although relatively neglected — aspect of capital punishment: the fate of the criminal body after execution. This chapter is an introduction to the volume.

This chapter explores the agency of women who do violence and have violence done to them. It contributes to the philosophical and theoretical debate, as well as offering practical, social and political responses to the issues examined. This chapter is available as open access under a CC BY license

The Revolting Self

Managing Self-Harm