

Ella's Kitchen: The Cookbook: The Red One

With these eighty recipes, learn to make fresh, healthy meals for your baby or toddler easily, and how and when to add foods to their diet. While ready-made baby food is a convenience that every parent can appreciate, feeding everyday fresh foods is the best way to teach a child healthy eating habits and an appreciation for good food from the cradle onwards. The eighty recipes in Cooking for Busy Parents are organized by age, showing how to introduce cereal grains and simple vegetable and fruit purees at six months, how to move on to meats, pulses and chunkier foods by eight or nine months, and how to graduate to real meals for toddlers twelve to eighteen months to enjoy along with the entire family. With Cooking for Baby, you will be surprised at how simple beginning.

A practical, hands-on cookery book that makes it as easy as possible for parents, grandparents and carers to have fun cooking with a toddler aged 1 to 4 years old. Everything in Tickle Fingers is completely toddler appropriate with minimal need for adult intervention – no hob's, no sharp knives, and no raw meat – and has been carefully selected to emphasise all the activities toddlers love to do. A family to enjoy, special sections on allergies and fussy eating, and lots of ideas on how to tackle common challenges. The Tickle Fingers Toddler Cookbook is full of simple yet delicious food that every toddler will be proud to (almost) make on their own.

The complete guide to feeding babies and young children with easy, healthy and delicious recipes.

Parents everywhere worry about what their babies and toddlers will and won't eat, and whether they are getting the nutrients they need. In My Child Won't Eat Dr Carlos Gonzalez, a renowned paediatrician and father of three, tackles these fears, exploring why some children refuse food, the pitfalls of growth charts, and how growth and activity affect a child's appetite and nutritional needs. He reassures parents that their only job is to provide healthy food choices: trying to force a child to eat more is a recipe for disaster and can lead to tears and tantrums and even health problems in later life. With real-life case studies, and a calm and practical tone, My Child Won't Eat will answer many questions parents have about feeding their young children, from breastfeeding and introducing solids to the Balanced Recipes for Everyday Living.

Ella's Kitchen: The Easy Family Cookbook

Deliciously Ella: Smoothies & Juices

Loving Good Food

10-Minute Recipes, 20-Minute Recipes, Big Batch Cooking

120 Recipes to Let Your Baby Take the Lead

Healthy Recipes to Love, Share and Enjoy Together

Bite-size Collection

Great taste. No junk. As a leading children's food brand, Organix want a world where healthy, nutritious food is a real choice for everyone. With over 70 delicious and guilt-free recipes, for different stages of nutritional development, and tips on how to adapt myr whole family, The Organix Baby and Toddler Cookbook is here to help you and your little ones as you embark on your first food adventures together. Be it a speedy Mango pur e for breakfast, a warming Winter Wonder Pot for lunch, a mouth-watering Curried Coconut Cauliflower Bake for dinner, or a plate of moreish Peanut Butter Gummy Cookies for that mid-afternoon treat, there's something for every occasion. For easy, reliable recipes for you and your growing family look no further!

"As a mom and RD, I've always taken the role of family chef very seriously. I wish this book was around when my kids were first sitting down to the table, ready to eat their first bites of real food."--Joy Bauer, MS, RD, health and nutrition expert for NBC's TODAY show and best-selling author of From Junk Food to Joy Food Cooking nutritious meals for your growing family while catering to everyone's favorite foods and appetites can be exhausting. By serving up recipes that satisfy the tastes of both kids and adults, this baby food cookbook promises parents that they'll only have to make one meal for everyone to share. With wholesome recipes that everyone can enjoy, The Big Book of Organic Baby Food is a timeless resource for preparing delicious meals in the years to come. From their first puree to their first burrito, this baby food cookbook is ideal for babies at every age and stage. More than just a baby food cookbook, The Big Book of Organic Baby Food contains: Ages & Stages: chapter divisions by age with recipes, developmental information, and FAQs for keeping up with your little one every step of the way Purees, Smoothies & Finger Foods: more than 115 single-ingredient and combination purees as well as over 40 recipes, introducing new flavors and textures to encourage self-feeding Family Meals: 70+ recipes that will please all palates makes this more than just a baby food cookbook, offering toddler-friendly fare to meals for the whole family "This is a must have for every mother who wants to raise a healthy child"--Amy C. Linde, mother and reader of The Big Book of Organic Baby Food The Big Book of Organic Baby Food is the only baby food cookbook to feed the growing needs and taste buds of your family.

In bestselling Baby-led Weaning, leading health visitor Gill Rapley and journalist and mum Tracey Murkett introduced parents to a common sense, easy and enjoyable approach to feeding your child, allowing your baby to join in with family meals right from the start of the weaning process. Now The Quick and Easy Baby-led Weaning Cookbook offers fast, simple yet delicious recipes so the entire family can take part in making your baby a happy and confident eater, no matter what the pressures are on your time. Full of healthy, delicious meals the whole family will enjoy, with full-colour photos, The Quick and Easy Baby-led Weaning Cookbook has recipes that you can get on the table with minimum fuss but maximum taste. Fully tested and nutritionally sound, this is a cookery book no busy parent should be without.

In this follow-up to her successful first book, The Sprouted Kitchen, blogger and author Sara Forte turns her attention to bowl food, which combines vegetables, whole grains, and lean proteins in one vessel to make a simple, complete, and nutritious meal. The bowl is a perfect vessel in which to create simple, delicious, and healthy meals. When gathered together in a single dish, lean proteins, greens, vegetables, and whole grains nestle against each other in a unique marriage of flavor and texture. This is how Sara Forte, beloved food blogger and author of the James Beard Award – nominated book The Sprouted Kitchen, cooks every day—creating sumptuous recipes colorful enough to serve guests, simple enough to eat with a spoon while sitting on the couch, and in amounts plentiful enough to have easy leftovers for lunch the next day. In this visually stunning collection that reflects a new and healthier approach to quick and easy cooking, Sara offers delicious, produce-forward recipes for every meal, such as Golden Quinoa and Butternut Breakfast Bowl; Spring Noodles with Artichokes, Pecorino, and Charred Lemons; Turkey Meatballs in Tomato Sauce; and Cocoa Nib Pavlovas with Mixed Berries.

The Big Book of Organic Baby Food

Deliciously Ella: The Plant-Based Cookbook

The Tickle Fingers Toddler Cookbook

Deliciously Ella with Friends

How to Wean Your Baby

What Mummy Makes

The Sprouted Kitchen Bowl and Spoon

Wean in 15

The author of a popular food blog shares plant-based recipes designed to combat chronic illness and improve life quality without refined foods or deprivation.

THE PERFECT GIFT FOR THE FOODIE IN YOUR LIFE! The Sunday Times number one bestselling cookbook and the fastest selling vegan cookbook of all time. 'She has become the biggest thing in healthy eating!' - The Times 100 all-new plant-based recipes - by bestselling author Deliciously Ella. Ella's latest book features the most popular, tried and tested recipes from her super clubs, pop-ups and deli to show how delicious and abundant plant-based cooking can be. The simple vegan recipes cover everything from colourful salads to veggie burgers and falafel, creamy dips and sides, hearty one-pot curries and stews, speedy breakfasts, weekend brunches, muffins, cakes and brownies. They're the recipes that Ella's thousands of customers have been asking for since the deli first launched in 2015, and each recipe has a beautiful photograph to show you how it should look. In addition to over 100 brand new plant-based recipes, for the first time we are treated to a personal insight into Ella's journey - how she grew her blog, which she began writing to help get herself well while suffering from illness, into a wellbeing brand - and all that she has learnt along the way, as well as what drives the Deliciously Ella philosophy and her team's passion for creating delicious healthy food. With diary excerpts that document the incredible journey that Deliciously Ella has taken and over 100 tried-and-tested irresistible recipes for every day, using simple, nourishing ingredients, this vegan bible will be a must-have for fans and food-lovers alike, it's also perfect for anyone looking to experiment with vegan cooking for the first time.

From the fastest growing baby food brand, the essential guide to weaning your baby - the fun, stress-free, Ella's Kitchen way. Covering every step of the weaning journey, from six months to a year, The First Foods Book includes more than 130 recipes - from single-veg purees to exciting combinations and full meals. Every one has been rigorously tested to ensure it meets with Ella's Kitchen nutritional standards. There is also lots of practical advice to give every parent confidence at this key stage of their baby's development. Top tips and insider advice from nutritionists, baby experts and real mums, dads and carers make weaning easy and stress-free - introducing solids becomes as much of an adventure for parents as it is for the little one whose taste exploration has only just begun. Weekly meal planners show you just what to expect, and there is a pull-out chart included in the book that you can stick on your fridge or wall. The third in the hugely successful Ella's Kitchen series, The First Foods Book brims with recipes guaranteed to set tiny taste buds alight. With every recipe specifically developed for its nutritional content, as well as for its yummy flavour, and with the Ella's Kitchen stamp of approval on every page, this is set to become every parent's must-have guide to weaning.

All the things you love about Ella's Kitchen in a book! Kids love baking, with all its fascinating textures, smells - and of course, tastes! Ella's Kitchen: The Big Baking Book takes them beyond licking the bowl, with a wide range of easy recipes for all occasions, from lunchtime to party time. Enjoy cooking up a host of nutritious treats with your little ones, and watch them learn about counting, weighing and measuring at the same time. Above all, have fun and get messy! Ella's Kitchen: The Big Baking Book is sure to become your family's go-to cookbook, with recipes designed to really fit in with your life: - Try having a batch of savoury snack bakes on hand to fill a gap until dinner - a healthy way to keep your child's energy up without sending her into overdrive. - Head to your garden or the park with the delicious selection of picnic recipes - all dishes are highly portable and perfect for sharing. - Simplify days out with recipes from our On-the-Go section - individual portions, and not a crumb or a sticky finger in sight! But by far the best thing about this book is the fun it promises for your family, as you discover new recipes and create fond memories for your children. You'll never forget the look on their faces when they hand out slices of their first cake or cookies from their first ever batch.

I Can't Believe It's Baby Food

& Other Recipes Worth Living For

Deliciously Ella Making Plant-Based Quick and Easy

Top 100 Finger Foods

My Friend Ella

Little Wins

The step-by-step plan to help your baby love their broccoli as much as their cake

Cook Just Once for You and Your Baby

Chef Sun Hyland has been creating food that he loves for retreats, weddings and special events for the last two decades. "Loving Good Food" is a collection of his favourite and most popular gluten free and vegetarian recipes, accompanied by beautiful photographs from photographer Pauline Langmaid.

THE INSTANT TIMES TOP TEN BESTSELLER Over thirty years ago, Linda McCartney first blazed the trail for meat-free cooking, and around the table of the family home in East Sussex, she shared the pleasure that eating compassionately could bring. Now Paul, Mary and Stella bring Linda's kitchen up to date, re-inventing her best-loved recipes for the plant-based cook, alongside their favourite family stories and the dishes that they now eat at home. The original food pioneer, Linda McCartney believed in great tasting, wholesome, meat-free food, and embraced kindness and compassion in everything she did. Her legacy lives on in Linda McCartney's Family Kitchen, a collection of over 90 simple, fresh and inventive plant-based recipes that fit perfectly with how we want to eat now. In Linda McCartney's Family Kitchen, Paul, Mary and Stella have re-imagined Linda's classic recipes, bringing them up to date for the modern, plant-based cook. Because how we eat is changing, with more and more people choosing a meat- and dairy-free diet, even if only for one or two days a week. Alongside family favourites such as American Pancakes, Chili No Carne, Sausage Rolls and Shepherd's Pie, Paul, Mary and Stella share the dishes they cook most at home: Pad Thai, Pulled Jackfruit Burgers, Panzanella and Chocolate and Peanut Butter Cookies to name just a few of the simple, nourishing and sustainable recipes included in this stylish book. Complete with personal stories and intimate family photos spanning three decades, Linda McCartney's Family Kitchen is not only good for you, but for the planet too.

FROM THE BESTSELLING AUTHOR OF THE GOOD STUFF Say goodbye to cooking multiple different meals. I can't Believe It's Baby Food has 120+ easy, healthy recipes that everyone will love. With more than 20 years' experience of specialising in child nutrition, Lucinda Miller lays the foundations for a lifetime's enjoyment of nutritious food, with recipes that feed growing brain cells and immune systems and cleverly avoid white flour and refined sugar. Nearly all the dishes are suitable for weaning babies from six months - you simply take off a portion for your baby before adding seasoning for older kids and adults - and they are easy to adapt for different ages, food allergies and fussy eaters. You will find nourishing breakfasts like Carrot Cake Porridge, mains like Lemony Chicken & Orzo Soup, as well as plenty of grabbable healthy snacks and sweet treats

like Apple & Raspberry Crumble Bites. These are recipes your children will never grow out of!

You can prepare three months' worth of healthy, homemade baby food in just three one-hour blocks of time! Perfect for busy parents, Dr. Lisa Barrangou 's innovative plan features instructions for preparing, freezing, and effortlessly combining puree " building blocks " into quick, tasty meals. With fun combinations like Peachy Strawberry Salad, Coconutty Mango Lassi, Plum-Gingered Brocco-Quinoa, and Purple Papaya Flax

Yogurt, The Amazing Make-Ahead Baby Food Book will help your baby cultivate an adventurous palate while providing a rainbow of nutrients.

Recipes About Love + Grief + Growing Things

Why cook twice? Easy, healthy recipes for babies and toddlers that the whole family can enjoy

Cooking for Baby

How to Enjoy Mealtimes without Worry

Quick and Easy Recipes for Gluten-Free Snacks, Packed Lunches, and Simple Meals

Ella's Kitchen

My Child Won't Eat

The fastest selling vegan cookbook of all time

Originally published in London: Yellow Kite, an imprint of Hodder & Stoughton, an Hachette UK Company, 2016.

Toddler mealtimes can be a battleground. And for busy parents, time for preparing food is in short supply. The UK's number-one expert on feeding children, Annabel Karmel, is on hand to help. In this new Quick and Easy book she offers 130 recipes that can be rustled up in minutes. With an eye on nutritional content and appeal for children, as well as speediness for hassled mums and dads, she solves mealtimes in an instant. With plenty of tips and tricks to encourage your child to eat, from savoury to sweet, for breakfast, snacks, lunch and dinner, Annabel's Quick and Easy Toddler Recipes will make for mellow mealtimes.

'Read on, and rediscover how to live a fuller and more successful life' SIR RICHARD BRANSON, from the foreword There are some 400 million people worldwide whose creativity, imagination and determination put the rest of us to shame. They are experts in their field, despite having no experience to speak of. Once, you were one of them too. They are toddlers - and they hold the key to unlocking our creative potential as adults. In Little Wins: The Huge Power of Thinking Like a Toddler, Ella's Kitchen founder Paul Lindley reveals the world characteristics and behaviours that we can all learn from recalling our toddler selves. From attention-grabbing tactics that would humble most marketing executives, to the art of thinking divergently, Lindley shows how much we've lost in getting old - and how we can get it back. Never mind growing up; it's time we grow down.

Wean your baby with help from record-breaking cookbook author and proud dad Joe Wicks, the nation's favourite PE teacher. - All the reliable information you need to wean your baby from first foods to enjoying family mealtimes. - Packed with simple and trustworthy ideas Joe has drawn from his experience of weaning his daughter, Indie, combined with expert guidance from a leading registered nutritionist. - Features one hundred delicious, healthy and balanced recipes, from finger foods and purees to adapting your own favourite meals. Joe Wicks is responsible for getting the nation moving with his incredible record-breaking family-friendly workouts. Now he's turned his attention to making weaning – a daunting prospect for all parents – a happy and enjoyable time for the whole family. Whether you're a first-time parent or not, Wean in 15 guides you towards getting the best for your little one, from figuring out when to start weaning and how much food your child needs, to adapting your own meals for your child. Joe knows how difficult it can be to manage your time, so he also shows you how to prep like a boss with shopping lists and freezable items.

With over one hundred tasty recipes split into age stages, expert help with nutrients, allergies, supplements and fussy eaters, as well as knowing how to understand your child's signals, this is the only weaning guide you will ever need to lay the foundation for a lifetime of healthy, happy eating.

Sally's Baking Addiction

Linda McCartney's Family Kitchen

100 delicious recipes free from dairy, eggs, peanuts, tree nuts, soya, gluten, sesame and shellfish

The Huge Power of Thinking Like a Toddler

The Red One

Over 90 Plant-Based Recipes to Save the Planet and Nourish the Soul

The Easy Family Cookbook

80 tasty recipes for your little ones' first food adventures

Ella's Kitchen: The Easy Family Cook Book is packed with more than 100 mouthwatering recipes from Ella's Kitchen, the organic baby and toddler food brand. In chapters organized by mealtime, each recipe has been carefully developed to ensure that it's perfectly balanced and lip-smackingly tasty for little ones and grown-ups alike. Find out which meals are best to adapt for weaning babies, know what to cook for a play-day crowd-pleaser (little friends will go mad for Mamma Mia Meatballs), and see instantly which dinners keep beautifully warm for when mum or dad gets home. Building on the success of the previous three books in the series, this latest addition to the Ella's Kitchen Cook Book library is an absolute must for busy families with hungry tummies to feed. Including a unique pull-out weekly meal planner, the recipes will bring everyone together to share in life's foody adventures.

A complete recipe guide to weaning babies and toddlers into solid foods from the UK 's #1 children 's cooking author. For 25 years, Annabel Karmel has been the person families turn to when it comes to delicious, nutritious recipes for weaning children onto solid food. While lots of parents start out with smooth spoon-led purses, baby-led weaning (BLW) is fast growing in popularity. But you don't have to choose one or the other. Baby-Led Weaning Recipe Book is designed to offer a flexible approach to weaning. These expert recipes are designed to offer a flexible approach to weaning with simple methods and everything parents need to know about getting started with self-feeding. Baby-Led Weaning Recipe Book is a must-have resource for parents and is the perfect standalone guide for those wanting to explore this method exclusively.

Collects more than seventy-five recipes for baked goods and desserts, including breads, muffins, cakes, pies, and cookies, with a chapter of vegan and gluten-free dessert options.

30 new recipes in a mini pocket book from bestselling cookbook author Deliciously Ella. The first of Deliciously Ella's 'Bite-size Collection' - a new series of small-format books - celebrating the delicious, nutritious and super speedy smoothies and juices that Ella loves! Featuring 30 all-new recipes for nourishing smoothies and amazing juices bursting with simple, plant-based ingredients full of flavour and goodness. Easy, quick and perfect to fit into a busy lifestyle, enjoy a Blueberry and Pear Breakfast Blend, an energising Green Dream, or a heavenly Minty Coconut Shake, to add a natural Deliciously Ella kick to your 5-a-day!

The Organix Baby and Toddler Cookbook

The Baby-led Weaning Quick and Easy Recipe Book

Quick and Easy Toddler Recipes

Up-to-date Advice and 100 Quick Recipes

Baby Purees, Finger Foods, and Toddler Meals for Every Stage

Deliciously Ella

Make 3 Months of Homemade Purees in 3 Hours [A Cookbook]

Hands-On Fun in the Kitchen for Under 4s

Ella is a naughty, fun-loving little girl - a little misunderstood by all, apart from her best friend. "My friend Ella," about loving and accepting ourselves for who we really are, is Angela Garry's first storybook for small children.

THE SUNDAY TIMES BESTSELLER 'Charlotte gave me the confidence and knowledge to love every single step of the weaning journey' Joe Wicks 'Charlotte really is a font of knowledge when it comes to weaning.' Jools Oliver 'We've loved Charlotte's approach to weaning. Skye loves her food and we are so grateful for that!' Ella Mills The easy weaning plan to ensure your baby becomes a happy and adventurous little eater. In this beautiful, full-colour book, expert nutritionist Charlotte Stirling-Reed reveals her renowned method that has helped thousands of parents wean their babies confidently. Based on a vegetable first approach, the perfect way to develop healthy eating habits and to tackle fussy eating before it begins, you'll be hand-held through the first 30 days of weaning as well as given lots of delicious recipes all the family can enjoy. Packed with tried and tested tips, as well as the latest evidence-based guidance, How to Wean Your Baby will fully equip and empower you to take this exciting next step.

100 all-new quick and easy plant-based recipes by bestselling author and founder of Deliciously Ella. Ella's new collection shows us that vegan cooking doesn't have to be difficult or time-consuming. It's easy to embrace a plant-based lifestyle with her fuss-free, simple recipes that cater for our busy lives. Divided into 7 sections, the new book offers recipes with an approximate cooking time, showing you how to make simple meals that will satisfy your taste buds and inspire you every day. Delicious breakfasts - from quick pancakes to fruity smoothies and easy toast-toppers Lunches, Dips & Dressings - an array of healthy plant-based options 10-Minute- and 20-Minute Meals, plant-based eating doesn't have to be complicated or time-consuming - quick pasta dishes, simple noodles, hearty vegetable-laden bowls and Asian-inspired plates Big Batch Cooking - to help you get ahead and plan your week Sweets - portable bars, flapjacks and slices to satisfy your sweet tooth Weekend - impress and delight your friends and family The ethos of Deliciously Ella is to share abundant recipes that put fruit and vegetables at the heart of our plates, that taste good and are easy to make. Alongside this, Ella is keen to embrace all aspects of well-being, prioritizing self-care. In the book she will share the important insights learned from her chart-topping podcast, bringing a wider holistic dimension and personal angle to this gorgeous, inspiring, healthy cookbook.

Baby food finally goes plant-based in this cookbook featuring 300 easy, delicious recipes that any parent can make to ensure their babies and toddlers get all the nutrients they need...without any of the ingredients they don't. Every parent wants to make sure their baby is eating the freshest, healthiest food possible, whether their baby is eating mashes and purees or simple finger foods. The Big Book of Plant-Based Baby Food makes preparing baby food easier than ever with these 300 simple, plant-forward recipes that give your children the nutrients they need, all while being delicious to eat! Focused entirely on whole, natural foods from plant-based sources, this book includes recipes like: -Basic baby-approved purees that feature a wide range of fruits and veggies, from the simplest applesauce to a tasty garden vegetable and lentil mash -Functional snacks like teething biscuits for babies to chew or homemade pufftreat that toddlers will love to pick up for improved motor skills -And finger foods that sound so delicious you'll want to try them yourself, like sweet potato fries, strawberry raspberry muffins, and whole wheat mac 'n' cheese These easy, appetizing recipes will ensure that your kids are getting all the nutrients they need with ingredients you love!

300 Healthy, Plant-Based Recipes Perfect for Your Baby and Toddler

The Purple One

Irresistible Cookies, Cupcakes, and Desserts for Your Sweet-Tooth Fix

The Allergy-Free Baby & Toddler Cookbook

Midnight Chicken

Ella's Kitchen: The First Foods Book

The Amazing Make-Ahead Baby Food Book

**** All the things you love about Ella's Kitchen in a book! 100 easy, tasty and healthy recipes to inspire big and little cooks, ranging from the easiest of snacks and light meals that can be rustled up in minutes to delicious and satisfying dinners. Packed with clever twists and shortcuts to make life as easy as possible for busy parents. For weekends and holidays, when there is a bit more time available, there are leisurely breakfast recipes such as 'Purple! Blueberry Pancakes and more involved cooking projects such as Hooray for the Weekend. Full of fun ideas for getting children involved in preparing, cooking and exploring food, colour-in features and stickers mean that kids will love the book as much as their parents do. Fully revised and updated, with new recipes and photographs. - "It's never too early to get little'uns interested in healthy eating, so instead of cooking for the kids, why not cook with them?" - Reveal 130+ recipes all suitable from 6 months old Wean your baby and feed your family at the same time by cooking just one meal in under 30 minutes that everyone will enjoy! Say goodbye to cooking multiple meals every day and the faff of making special little spoonfuls for your baby, plainer dishes for fussy older siblings, and something different again for the grown-ups. With this ingenious new way to introduce solid food to your baby, you'll cook a single meal and eat it together as a family where baby will learn how to eat from watching you. Each recipe is quick to prepare and easy to adapt for different ages and dietary requirements. So forget 'baby food' and make light work of weaning with What Mummy Makes!*

This personal cookbook reflects the Siena-based author's love of the cuisine of her adopted homeland. Its title refers to the seasonal nature of the recipes within, with the chapters being divided into the 12 months of the year. It is about the food of Tuscany, seasonal cooking and fine ingredients. It is the author's aim in this book to share some of the delights that have been part of her life in Italy; more than an informative guide, it outlines the basic goings-on that occur on Tuscan stove tops, in a region whose culinary fame is steadfastly rooted among the hills and within tradition. With exquisite photos of Tuscans and her family and neighbours, this books aims to entice and inspire the reader to live the Tuscan life.

By the age of nine months, many babies want to start feeding themselves but can't yet handle a spoon, which is when finger foods come into their own. They're also great to offer to toddlers who are prone to go into 'meltdown' just before dinner. This essential collection of tempting, nutritious finger foods features 100 quick and easy recipes, including fresh fruit ice lollies - perfect for soothing sore gums - gougjons of fish and raw vegetables with dip, that will not only introduce your baby to new textures and tastes but will make for a healthy, happy and contented child.

The Year of Miracles

Baby-Led Weaning Recipe Book

Ella's Kitchen: The Big Baking Book

Wholesome, Homemade, Delicious

Weaning Made Simple

Twelve

The Secret Detectives

Simple and Inspired Whole Foods Recipes to Savor and Share [A Cookbook]

Featuring recipes drawn from familiar classic dishes and new favorites, Laura Lea's new book, Simply Laura Lea, offers delicious home-cooked food without sacrificing healthy eating.

The CookbookThe Red OneHamlyn (UK)

****FREE SAMPLER** Get a sneak peek into the latest Ella's Kitchen book before it publishes in March - full of easy, scrumptious family recipes that your kids will love. Ella's Kitchen: The Easy Family Cook Book is packed with more than 100 easy-to-make and delicious family recipes that bring everyone together to share in life's foody adventures. In chapters organized by mealtime, each recipe has been carefully developed to ensure that it's perfectly balanced and lip-smackingly tasty for little ones and grown-ups alike. Find out which meals are best to adapt for weaning babies, know what to cook for a play-day crowd-pleaser (little friends will go mad for Munchy Cheese and Leek Sausages); and see instantly which dinners keep beautifully warm for when mum or dad gets home ("Your Sunshine Carnival Curry is in the oven!"). Building on the huge success of the previous three books in the series, this latest addition to the Ella's Kitchen Cook Book library is an absolute must for busy families with hungry tummies to feed up and down the family tree.*

Wean your baby and nourish your toddler with 100 nutritious recipes free from all 14 major allergens. 'Introducing your baby to food is one of the many great joys of parenthood. When it comes to weaning children with food allergies, we are two mums who have been there, done that and got the baby food-spattered T-shirts.' With over 100 delicious, wholesome recipes covering your baby's very first tastes up to mini meals, The Allergy-Free Baby & Toddler Cookbook works with whichever weaning method you use. Offering meal plans and a host of practical advice and nutritional expertise this book will help lay the foundations for life-long healthy eating. Using ingredients that can be readily found in supermarkets, each recipe is free from 14 major food allergens: dairy, eggs, peanuts, tree nuts, soya, gluten, sesame, fish, molluscs, crustaceans, celery, mustard, lupin and sulphites.

Ella's Kitchen: The Cookbook

Simply Laura Lea

Deliciously Ella Every Day

A Tuscan Cook Book

The Big Book of Plant-Based Baby Food

100+ Easy, Healthy, and Delicious Plant-Based, Gluten-Free Recipes

The Cookbook

"An extraordinary, heartwarming book with gorgeous recipes. I loved it." Nigel Slater This cookbook is about a year in the kitchen. A year of grief and hope and change: of fancy fish pie, cardamom-cinnamon chicken rice, chimichurri courgettes, quadruple carb soup, blackberry miso birthday cake, and sticky toffee Guinness brownie pudding. A year of loss, and every kind of romance, and fried jam sandwiches. A year of seedlings and pancakes. A year of falling in love. A year of recipes. A year, in other words, of minor miracles. The Year of Miracles by bestselling author Ella Risbridger is more than just a cookbook: like her award-winning Midnight Chicken, every page is a transporting blend of recipes and life story. This is about what happens when you're lived through the worst thing you could have imagined - and how you can still cook, and eat, and love.

The much-anticipated newest cookbook from Deliciously Ella, the inspirational bestselling food writer who has taken the cookery world by storm. In the follow-up to her amazing chart-topper Deliciously Ella Every Day, Ella makes it easy to prepare delicious food for you, your friends and family, whatever the occasion. No more wondering whether certain dishes go together, Ella makes life simple with her menus - whether you are planning a laid-back brunch, a last-minute lunch or a fancy supper, she has it covered with hearty and filling recipes that celebrate her natural eating philosophy. With ideas and inspiration for every foodie occasion, including cosy nights in at home, easy kitchen suppers, flavoursome feasts, birthday parties, picnics and mocktails and cocktails, this is the go-to book for anyone who wants to make simpler, healthier food choices - that they can enjoy with friends and family.

The up-to-date weaning companion from the UK's no. 1 children's cookery author and weaning expert, Annabel Karmel MBE. When is my baby ready for first foods? Which foods should I try first? How do I introduce the critical nutrients? What do I need to know about allergies? An exciting journey of food discovery awaits your baby, yet this can often feel like an overwhelming and confusing time. With Weaning Made Simple, it's easy to find the right approach for your little one - and for you. Packed with the latest advice and one hundred nutritious recipes, this is the must-have essential guide to feeding your baby, from the UK's no. 1 children's cookery author and weaning expert. Weaning Made Simple features helpful lists of meals, meal planners, portion guidance, actual-size finger food illustrations and easy-to-follow information on everything from starting out and reducing milk feeds, to critical nutrients, allergies and special diets. From purees and finger foods to joining-in family mealtimes, Weaning Made Simple gives you everything you need to know to introduce your baby to a lifetime of happy, healthy eating.

A gripping, beautifully written historical mystery, from an incredible new voice in children's fiction. The body seemed to fall for a long time. There was no splash, or if there was it was lost in the waves. Isobel was frozen to the spot for a moment - and then her common sense caught up with her, and she stepped back quickly into the shadows. When Isobel Perty is orphaned, she finds herself being taken away from her home in India and sent to live with a distant uncle in England. On board the S.S. Marianna, she witnesses a shocking act - somebody being thrown overboard in the middle in the night. But when the ship's captain insists that nobody is missing, Isobel and her two new reluctant friends must solve two mysterious identities of both the murderer and the victim - before they reach England and the culprit has the chance to escape. Inspired by The Secret Garden and the golden age of crime writing, The Secret Detectives is perfect for fans of Robin Stevens and Katherine Rundell. "A thoroughly entertaining mystery and a heartening story of friendship. I loved it." - Katherine Wood

author of The Mystery of the Clockwork Sparrow