

Asperger's Syndrome: A Guide For Parents And Professionals

Based on academic research, experiences as a counselor specializing in this area and personal relationship experiences, the author uses quotations and real-life examples to illustrate her points with a compassionate understanding. Practical everyday topics include living and coping with AS, anger and AS, getting the message across, sex and AS, parenting, staying together, and "AS cannot be blamed for everything."

World-renowned experts join those with Asperger's Syndrome to resolve issues that girls and women face every day!

This accessible introduction to caring for a child with autism is an ideal resource for the families of children with Autism Spectrum Disorders as well as for the professionals who work with them. In clear and simple language and with many illustrations, the authors explain the nature of this condition and its variations, and tackle common problems experienced in everyday activities such as eating, sleeping and going to the toilet. They also suggest strategies for coping with aggression and tantrums, approaches to preoccupations and compulsions, and suggest ways in which to improve communication and social skills. Based on up-to-date research and using many case examples, the authors consider each problem and its causes step by step, and suggest a number of solutions.

A gifted education Legacy Award winner, Take Control of Asperger's Syndrome: The Official Strategy Guide for Teens With Asperger's Syndrome and Nonverbal Learning Disorder is a unique handbook for kids and teens on living successful lives with these disorders by taking control of their strengths to overcome their weaknesses. Drawing on their experiences as parents and teachers of students with Asperger's syndrome (AS) and Nonverbal Learning Disorder (NLD), the authors provide tips on understanding the disorders, living with the symptoms, succeeding in school, completing homework, talking to others about strengths and needs, making friends and socializing, and using technology to connect with other kids and teens with these disorders. By interviewing dozens of kids and teens who live with AS and MLD, the authors include ideas, information, and advice for students, by students just like them. This handy guidebook is sure to help any child or teen with AS or NLD navigate life's challenges with successful outcomes. Named one of the Pennsylvania State Librarians Association's Young Adult Top Forty nonfiction books of 2010. Ages 10-16

A Practical Guide for Teachers

Social Skills for Teenagers and Adults with Asperger Syndrome

How to be Yourself in a World That's Different

A Survival Guide

How Seeking a Diagnosis in Adulthood Can Change Your Life

How to Live with Autism and Asperger Syndrome

Part of the Reading Well scheme. 35 books selected by young people and health professionals to provide 13 to 18 year olds with high-quality support, information and advice about common mental health issues and related conditions. Winner of the NASEN & TES Special Educational Needs Children's Book Award 2003 Have you ever been called a freak or a geek? Have you ever felt like one? Luke Jackson is 13 years old and has Asperger Syndrome. Over the years Luke has learned to laugh at such names but there are other aspects of life which are more difficult. Adolescence and the teenage years are a minefield of emotions, transitions and decisions and when a child has Asperger Syndrome, the result is often explosive. Luke has three sisters and one brother in various stages of their adolescent and teenage years but he is acutely aware of just how different he is and how little information is available for adolescents like himself. Drawing from his own experiences and gaining information from his teenage brother and sisters, he wrote this enlightening, honest and witty book in an attempt to address difficult topics such as bullying, friendships, when and how to tell others about AS, school problems, dating and relationships, and morality. Luke writes briefly about his younger autistic and AD/HD brothers, providing amusing insights into the antics of his younger years and advice for parents, carers and teachers of younger AS children. However, his main reason for writing was because "so many books are written about us, but none are written directly to adolescents with Asperger Syndrome. I thought I would write one in the hope that we could all learn together".

'Self-esteem should be enhanced as people with AS read Edmonds and Worton's presentation of how AS has impacted on their lives. They are both positive advocates for encouraging others.. to view their AS as a positive... This book is easy to read and full of valuable strategies to help others who have ASD' - Autism Awareness Following on from the Asperger Love Guide and Social Guide, this third book in the series of self-help practical life guides aims to cover the personal issues that an adult with Asperger's syndrome faces in a world not designed for people with autism. Written from a male and female perspective of two Asperger's adults it looks at: o the positive aspects of Asperger's syndrome o how these translate into everyday life o whether Asperger's syndrome is in fact a disability o strategies to gain mental and physical health as an adult with Asperger's syndrome.

The book aims to help adults gain self-esteem and get the most out of themselves as a unique adult with Asperger's syndrome. These courageous authors have drawn upon their personal experiences to provide an outstanding series of books aimed to support and enhance the quality of life for other Asperger adults.

Introducing Adam, who has Asperger syndrome -- Reading feelings -- Tones of voice -- Playing with others -- Loud noises -- Confusing groups -- Unexpected change -- Motor skills -- Special interests -- What is Asperger syndrome? -- How to help -- How teachers can help.

A positive, mindful plan for the whole family! If your child has been given a diagnosis of Asperger's syndrome, you may be feeling overwhelmed and unsure of what to do next. With The Conscious Parent's Guide to Asperger's Syndrome, you will learn how to take a relationship-centered approach to parenting that engages your child and ensures that he succeeds behaviorally, socially, and cognitively. Conscious parenting is about being present with your child and taking the time to understand how to help him flourish. By practicing this mindful method, you can support your child emotionally and help nurture his development. This easy-to-use guide helps you to: Honor your child's unique perspective and cognitive strengths Adapt a conscious parenting philosophy that works for everyone Identify triggers that can lead to sensory overload Lower stress levels for the entire family, including other siblings Keep open communication with your child and help him foster good relationships Embrace your child's passions and help him grow in practical ways Educate your family and friends about Asperger's Advocate for your child at school With The Conscious Parent's Guide to Asperger's Syndrome, you'll learn to create a calm and mindful atmosphere for the whole family, while helping your child succeed and thrive.

A Practical Guide to Day-to-Day Life

Adult Asperger's Syndrome

The Asperger Love Guide

How to Meet the Challenges and Help Your Child Thrive

Freaks, Geeks and Asperger Syndrome

A Guide for Adults and Those Who Love Them

Been There. Done That. Try This!

Finding a job is a confusing and anxiety-provoking process for many individuals with Asperger's Syndrome (AS) who may not know what they are qualified to do and may struggle to communicate their value to employers. In this book, Asperger's employment expert Barbara Bissonnette describes exactly what it takes to get hired in the neurotypical workplace. Every aspect of finding employment is covered, from defining strengths and researching occupations, to marketing oneself and projecting confidence and enthusiasm in interviews. Job-hunters are taught how to develop a personal profile of their talents and skills, their ideal work environment, and important work criteria. They are then shown how to set realistic goals and develop an effective job search plan. There is detailed instruction on networking, including how to find contacts and what to say. A wealth of checklists, templates, sample scripts and written communications accompany the text. Upront, engaging and highly practical, this will be an essential guide for individuals with AS entering the workforce for the first time, as well as experienced workers who have lost jobs or wish to change careers but are uncertain about how to find the best match for their abilities.

After a very brief introduction to the most common areas of difficulty for young people with AS, this reader-friendly booklet provides a list of practical tips to help deal with common problems. The book ends with a list of answers to frequently asked questions by young people.

Asperger's Syndrome For Dummies covers everything that both people living with the condition and their families need to know. From explaining symptoms and getting a diagnosis, through to overcoming bullying in schools and choosing between the therapy and medical treatments available, this is a complete guide to surviving and thriving with the condition. Asperger's Syndrome For Dummies includes: Part I: Understanding Asperger's syndrome (AS) Chapter 1: Introducing Asperger's syndrome Chapter 2: Discovering the causes of Asperger's syndrome Chapter 3: Diagnosing Asperger's syndrome Part II: Living with Asperger's syndrome Chapter 4: Enjoying Life with Asperger's Chapter 5: Getting the most out of education and the workplace Chapter 6: Finding independence and advocating for your rights Part III: Supporting people with Asperger's syndrome Chapter 7: Parenting and Asperger's syndrome Chapter 8: Relating to adults with Asperger's syndrome Chapter 9: Creating an AS friendly environment Part IV: Discovering therapies, medication, diet and environments for AS Chapter 10: Navigating Behavioural Therapies for Asperger's Syndrome Chapter 11: Understanding medication and diet in Asperger's syndrome Part V: Part of Tens Chapter 12: Ten Organisations to go for help and information Chapter 13: Ten positives about living with Asperger's Chapter 14: Ten famous people who probably had Asperger's

The author, Craig Kendall, is the father of a child with Asperger's syndrome. He has written several books on Asperger's syndrome and autism. In this book, Craig covers the issues that affect adults with Asperger's syndrome as well as those who love and support them. Chapter topics include: 1. Surviving the Social World: Making and Keeping Friends, Where and how to make friends as an adult / 2. Asperger's and Relationships: including relationship tips, dating, the "do's and don'ts" / 3. Loving Someone with Aspergers: Rekindling a failing relationship, Ideas for keeping the romance in your relationship, Keeping a marriage happy / 4. Employment and Adults with Asperger's: the interview, ten job interview tips, workplace issues, 8 issues to consider in selecting a job / 5. Services for Adults with Asperger's / How and when do I tell people I have Asperger's?: 4 reasons to disclose, 4 reasons NOT to disclose / 6. Self Advocacy: Learning to advocate for yourself / 7. How to Lead a Meaningful Life: Depression and anxiety, The search for meaning in adults with AS / 8. Getting an Asperger's Diagnosis as an Adult: Why to get a diagnosis, Resistance to or problems with getting a diagnosis, How to find a good therapist /9. Therapy Options: Common reasons adults refuse therapy, Overview of different types of therapy, psychotherapy, 3 information processing problems, Occupational Therapy (OT) /10. Nutrition and Eating Right: Supplements that can help your health, Diets, Seven reasons to avoid fast food

World-renowned Experts Join Those with Asperger's Syndrome to Resolve Issues that Girls and Women Face Every Day!

A Guide for Professionals and Families

Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder)

A Supportive and Practical Guide for Anyone with Asperger's Syndrome

The Partner's Guide to Asperger Syndrome

The Conscious Parent's Guide To Asperger's Syndrome

A Mindful Approach for Helping Your Child Succeed

"This book breaks down the social, emotional and practical aspects of relationships so usefully that it is a good resource for teachers and others working with neurotypical individuals. In fact the book so sensibly discusses pitfalls, strategies and individual responsibilities that it would be valuable reading for teenagers generally as well as for individuals with Asperger syndrome' - Tess Coll, autism outreach teacher 'The Asperger Love Guide is recommended reading for those with Asperger's syndrome who are seeking or within a relationship. The authors provide a clear explanation of how the characteristics of Asperger's syndrome can affect the development of a relationship and the expression of love. They then provide sound practical advice for individuals and couples. I really enjoyed reading The Asperger Love Guide and will be recommending the book to my clients' - Professor Tony Attwood 'This is the first book I've read in a long time that, once started, I couldn't put down until it was finished. It is an exceptionally good read. The 77 pages are written succinctly with no waffle - just straight to the point. I will definitely buy a copy of this book for the whole family to use! I will use it to guide Joe (my 17 year old Asperger son) when he's ready for it. It's not a book he would read himself; in fact I read the section "the merits of single life" out loud to him a bit like a bed time story' - Action for ASD 'There is a great need for more awareness of Asperger syndrome and how it affects personal relationships. The National Autistic Society find this a helpful guide' - Cathy Mercer, NAS 'This book sets out some helpful facts about relationships in a neat, simple form' - Asperger United 'An excellent self 'help-text'... the book is a clear and matter-of-fact guide to relationships and is unapologetic in offering straightforward and helpful advice for romantic success... Not a word is wasted, and as well as being highly recommended for individuals with Asperger's Syndrome, should also be read by education professionals supporting young people with Asperger's Syndrome in schools, colleges and universities' - SENCO Update 'Aimed primarily at individuals with Asperger syndrome, this very readable book is in fact of use to a much wider audience. The issues are discussed openly and logically and the advice given is both sympathetic and very matter of fact... The book breaks down the social, emotional and practical aspects of relationships so usefully that it is a good resource for teachers and others working with neurotypical individuals. Infact the book so sensibly discusses pitfalls, strategies and individual responsibilities that it would be valuable reading for teenagers generally as well as for individuals with Asperger syndrome' - British Journal of Special Education Material based on the experiences of the people on the Autistic Spectrum is usually written by neurotypical writers. Here, Genevieve and Dean, both adults with Asperger's Syndrome, share their advice and tips for romantic success. The chapters cover: o building self-esteem; o the best places to meet potential partners; o dating; o maintaining relationships. Both authors work with the Asperger community, either providing support or training, so their insight is based upon other people's experiences as well as their own. This is shown in a number of case studies that support the elements described in each chapter. They write in a clear, accessible and non-patronizing way which will suit their audience. This will prove to be an invaluable book to those with Asperger's or those that support Asperger people. Dean Worton is a 31 year-old high functioning individual with a very positive expression of Asperger Syndrome. He runs a successful UK-based website for adults with Asperger Syndrome and hosts real-life meet-ups around the UK for its members. His key interest is in encouraging adults with AS to live positively and successfully with the gifts that Asperger Syndrome provides. He also works in administration and resides in North-West England. Genevieve Edmonds is a 23 year old with 'residual' Asperger Syndrome, which she views as a significant gift. She works as an associate of the Missing Link Support Service in Lancashire supporting those 'disabled by society' including individuals with ASD. She speaks and writes frequently in the field of Autism, along with giving training, workshops and soon counselling. She aims to empower those with ASD, carers and professionals in the understanding of Asperger Syndrome as a difference rather than an impairment. She lives and works in a solution-focused way and is based in North-West England

A thorough overview of Asperger syndrome for mental health professionals. Despite the dramatic proliferation of research, clinical perspectives, and first-person accounts of Asperger Syndrome (AS) in the last 15 years, much of this information has focused on the application of the diagnosis to children, even though AS displays persistence over time in individuals. This book is one of the only guides to Asperger Syndrome as it manifests itself in adults. It integrates research and clinical experience to provide mental health professionals with a comprehensive discussion of AS in adulthood, covering issues of diagnosis as well as co-morbid psychiatric conditions, psychosocial issues, and various types of interventions—from psychotherapy to psychopharmacology. It also discusses basic diagnostic criteria, controversies about the disorder, and possible interventions and treatments for dealing with the disorder.

Drawing on their own experiences of being in long-term relationships with partners with Asperger syndrome, and interviews with others in the same situation, the authors offer tried-and-tested advice on how to surmount common difficulties and make things work.

Offers insights by a teenager with Asperger's Syndrome into the difficulties of the disorder, including information on fascinations and obsessions, sensory perception, sleep, bullies, moral dilemmas, eating, and socializing.

A Guide to Successful Stress Management

Can I Tell You about Asperger Syndrome?

Asperger Syndrome

Take Control of Asperger's Syndrome

A User Guide to Adolescence

A Guide to Living in an Intimate Relationship with a Partner who Has Asperger Syndrome

Recognising Autism and Asperger's Syndrome

This interactive workbook is designed to help young people, approximately 5th to 8th grade, develop their Personal Profile. By learning to identify their strengths and challenges, they are better able to participate in developing meaningful interventions and future plans, including playing and effective role in their own IEP meetings. With the help of a trusted adult, the child completes a series of exercises related to learning style, sensory issues, emotions, relationships and more, culminating in a written plan for each major area of this or her life that will serve as a constant guide and reinforcement.

A guide for teens on coping with Asperger's syndrome provides information on research, describes how the condition manifests, and suggests strategies for how to deal with specific problems.

Recognising Autism and Asperger's Syndrome is an accessible guide, offering information and guidance, self-help and coping strategies and illustrated throughout with personal quotes, vignettes and anecdotes from clients with autism with whom the author has worked clinically. The book captures the individual stories, quotations and experiences, observed in adult autism diagnostic services, woven in with contemporary research, theory and clinical insights. It outlines the history of the condition and the present criteria for obtaining a diagnosis. With exercises, tips, questionnaires, psycho-educational work and advice sheets, this new edition also elucidates the female presentation of autism that has attained significance in the recent times. The book is deliberately aimed at a broad audience of people: those who have just received a diagnosis and want to know more, those who are considering seeking a diagnosis, family members, relatives, friends and clinicians, including mental health workers, psychologists, support workers and all those who work with autistic people.

The workplace can be a difficult environment for people with Asperger's Syndrome (AS) and this often impedes their ability to make use of particular skills and sustain meaningful and fulfilling employment. This is the definitive guide to surviving and thriving in the workplace for people with AS. It includes everything from realistic strategies for meeting employer expectations, to how to get along with your colleagues and work as part of a team, multitask and manage projects, and handle anxiety and effectively resolve problems. Common employment challenges are illustrated through examples from the author's extensive experience coaching individuals with AS at all job levels, from entry-level to manager and professional positions. The pragmatic recommendations in the book will benefit anyone with AS who is entering the workforce, as well as those who struggle to maintain employment, or who want to improve their performance and advance their careers.

The Official Strategy Guide for Teens With Asperger's Syndrome and Nonverbal Learning Disorder

Build Your Own Life

Find the Right Career and Get Hired

Asperger's Syndrome and Jail

Thriving in Adulthood with Asperger's Syndrome

Asperger Syndrome and Anxiety

A Guide for Friends and Family

As awareness and understanding of Asperger Syndrome and Autism Spectrum Disorder increases, more adults are identifying themselves as being on the spectrum and seeking formal diagnosis. This book discusses the process, the pros and cons, and the after-effects of receiving an autism diagnosis in adulthood. Outlining the likely stages of the journey to diagnosis, this book looks at what the individual may go through as they become aware of their Asperger characteristics and as they seek pre-assessment and diagnosis, as well as common reactions upon receiving a diagnosis - from depression and anger to relief and self-acceptance. Combining practical guidance with advice from personal experience and interviews and correspondence with specialists in the field, the book discusses if and when to disclose to family, friends and

employers, how to seek appropriate support services, and how to use the self-knowledge gained through diagnosis to live well in the future.

A guide to Asperger's syndrome describes what it is and how it is diagnosed, along with information on such topics as bullying, emotions, language, movement, cognitive ability, and long-term relationships.

An intimate, engaging, and insightful guide to coping with Asperger's-from one of the condition's most passionate advocates. Michael John Carley was diagnosed with Asperger's Syndrome at thirty-six-when his young son received the same diagnosis. This fascinating book reveals his personal experience with the confusion and trauma associated with this condition-and offers insights into living an independent and productive life. Now the Executive Director of the world's largest Asperger's oranization, Carley helps readers in such areas as: - Social interactions - Nurturing interests - Whom to confide in-and how - Dealing with family and loved ones - Finding work that suits your strengths and talents

Take Control of Asperger's Syndrome: The Official Strategy Guide for Kids With Asperger's Syndrome and Nonverbal Learning Disorders is a unique handbook for kids and teens on living successful lives with these disorders by taking control of their strengths to overcome their weaknesses. Drawing on their experiences as parents and teachers of kids with Asperger's syndrome (AS) and Nonverbal Learning Disorders (NLD), the authors provide tips on understanding the disorders, living with the symptoms, succeeding in school, completing homework, talking to others about strengths and needs, making friends and socializing, and using technology to connect with other kids with these disorders. By interviewing hundreds of kids who live with AS and NLD, the authors include ideas, information, and advice for kids, by kids just like them. This handy guidebook is sure to help any child or teen with AS or NLD navigate life's challenges with successful outcomes.

Practical Strategies for Parents and Professionals

A Neurotypical's Secrets for Success

An Aspie's Guide to Life on Earth

A Guide to Living in an Intimate Relationship with a Partner who is on the Autism Spectrum Second Edition

The Other Half of Asperger Syndrome

Asperger's and Girls

The Asperger Personal Guide

Asperger Syndrome and high-functioning autism are detected earlier and more accurately today than ever before. Children and teens with these disorders often stand out for their precocious intelligence and language abilities--yet profound social difficulties can limit every aspect of their lives. This hopeful, compassionate guide shows parents how to work with their child's unique impairments and capabilities to help him or her learn to engage more fully with the world and live as self-sufficiently as possible. From leading experts in the field, the book is packed with practical ideas for helping children relate more comfortably to peers, learn the rules of appropriate behavior, and participate more fully in school and family life. It also explains what scientists currently know about autistic spectrum disorders and how they are diagnosed and treated. Real-life success stories, problem-solving ideas, and matter-of-fact advice on everything from educational placements to career planning make this an indispensable reference that families will turn to again and again.

he Mom's Guide to Asperger Syndrome and Related Disorders is written primarily for parents of children who have newly been diagnosed with Asperger Syndrome. It is especially a great resource for the preschool through elementary school years. The book draws from the author's personal experience both as the mom of a son with Asperger Syndrome and her study of and work with children and adolescents with special needs. The result is a practical guide, written for other Aspie parents in a clear, concise, and sometimes humorous tone.This user-friendly book leaves no stone unturned, as it explains, in a friendly, familiar voice, situations and issues that all parents with an AS child will encounter at one point or another. Above all else, the book arms parents with basic, sound information empowering them to seek out the very best services and programs for their child.From dealing with sensory issues and bullying to staying on top of homework, The Mom's Guide to Asperger Syndrome and Related Disorders offers easy-to-use suggestions. The Mom's Guide to Asperger Syndrome and related disorders should be used as a practical, valuable reference throughout the years.

This fully revised new edition is a clear and concise guide to effective classroom practice. It is designed for teachers and assistants supporting children with Asperger syndrome in mainstream schools and other non-specialist settings. The book provides up-to-date information on the latest developments in this area and relates this to educational practice. With examples of innovative strategies and approaches to facilitate progress in learning, this new edition: outlines the underlying impairments and their educational implications; explores the process of assessment and diagnosis in Asperger Syndrome; offers practical strategies for effective and realistic classroom intervention, including access to the National Curriculum; considers the behavioural challenges the child with Asperger Syndrome may pose; shows how transitions can be supported. Asperger Syndrome: A

Practical Guide for Teachers, 2nd Edition seeks to inform professionals meeting a child with Asperger Syndrome for the first time and equip them with effective educational and behavioural intervention strategies. This new edition is also updated with reference to Every Child Matters, the Disability Equality Duty and Access Inclusion Planning. This book will be essential to professionals in mainstream schools, educational psychologists, INSET providers (including initial teacher training), as well as to parents, carers and others supporting social and behavioural progress for students with Asperger Syndrome.

This is an accessible 2002 handbook for all those touched by Asperger syndrome; clinicians, those affected and carers alike.

Asperger's From the Inside Out

And Related Disorders

The Complete Guide to Asperger's Syndrome

Asperger's Syndrome Workplace Survival Guide

Raising Self-Esteem and Making the Most of Yourself as a Adult with Asperger's Syndrome

The Complete Guide to Getting a Job for People with Asperger's Syndrome

A Guide To Realising Your Potential

Many people have feelings of stress and anxiety in their everyday lives. For people with Aspergers Syndrome this stress can be difficult to manage.This book is specifically written for adults with Aspergers Syndrome offers practical advice on how to better manage the stress in their lives.

Increasing numbers of adults are being diagnosed with Asperger syndrome, while children diagnosed with autistic spectrum disorders - an estimated 300,000 in the UK - are growing up. Until recently, most information has been aimed at children with the condition, or parents. Asperger syndrome (AS) in adulthood brings different challenges, and, crucially, there are far fewer resources. According to I Exist, the National Society for Autism's report on how the needs of autistic adults are ignored, 45% of councils have no process for managing how autistic adults receive support if they don't fulfil the criteria for either learning disability or mental health services. As a result, adults are left to cope alone - and often don't cope well, with depression and other mental health problems as the result. Conversely, some adults with Asperger syndrome have learned to cover up their problems, so signs of the condition will often be quite subtle. This book addresses issues faced by adults with Asperger syndrome, and looks at the potential of adults with Asperger syndrome, exploring how they may contribute on their own terms. Topics include: what does it feel like to have AS? Asperger syndrome: disorder or difference? social relationships, including social strengths such as loyalty and patience; sensory overload and coping with the external environment; Asperger in love - finding and maintaining an intimate relationship; if your partner has Asperger syndrome; employment; help and advice.

Tony Attwood's guide will assist parents and professionals with the identification, treatment and care of both children and adults with Asperger's Syndrome. The book provides a description and analysis of the unusual characteristics of the syndrome and practical strategies to reduce those that are most conspicuous or debilitating. Beginning with a chapter on diagnosis, including an assessment test, the book covers all aspects of the syndrome from language to social behaviour and motor clumsiness, concluding with a chapter based on the questions most frequently asked by those who come into contact with individuals with this syndrome. Covering the available literature in full, this guide brings together the most relevant and useful information on Asperger's Syndrome, incorporating case studies from the author's own practical experience as a Clinical Psychologist, with examples of, and numerous quotations from people with Asperger's Syndrome.

Does your other half have Asperger Syndrome or do you suspect that he or she is on the autism spectrum? This quick and helpful relationships guide provides all the information you need for relationship success with your ASD partner. In the second edition of this best-selling book, Maxine Aston draws on over a decade of experience working with couples affected by Autism Spectrum Disorder. Updates include reference to recent research and information on same sex relationships, sensory issues and pregnancy. Full of bite-size tips and advice, the book explains Asperger Syndrome, discusses whether or not seeking an autism diagnosis will help, and offers simple strategies for coping with a range of relationship challenges including communication, social, and intimacy difficulties.

A Self-help Guide for Individuals with Asperger's Syndrome

A Practical Guide for Adults with Asperger's Syndrome to Seeking, Establishing and Maintaining Successful Relationships

Asperger's Syndrome

Asperger Syndrome in Adulthood: A Comprehensive Guide for Clinicians

A Guide for Parents and Professionals

Asperger Syndrome in Adults

A Guide to Asperger Syndrome

Do you have Asperger's Syndrome or know someone who does? Are you looking for a reference guide about Asperger's in adults? Do you have questions you'd like to ask an expert in adult Asperger's? If your answer is Yes to any of these questions, this book is for you. Clinical psychologist and Asperger's authority, Dr. Kenneth Roberson, examines the often neglected area of Asperger's in adults, covering topics such as: What causes Asperger's Syndrome? Is it different in adults than it is in children? How can you find out if you have Asperger's? What are the advantages and disadvantages of a diagnosis? What therapy is best for adults who have Asperger's? Can adults with Asperger's change? Are there benefits to having Asperger's? Can adults with Asperger's have intimate relationships? Can they be successful parents? These and many other questions are covered in this important addition to the field of Asperger's as it occurs in adults. Resources and reference material about adult Asperger's are included, along with a feature allowing readers to ask questions of Dr. Roberson.

This resource provides practical strategies for helping teenagers and adults with Asperger Syndrome to navigate social skills, friendships and relationships at home and in the community. The author offers advice and useful strategies for tackling day-to-day problems such as visits to the dentist or the doctor, searching for a job, sorting out personal finances, going on vacation, and dealing with public transport, as well as more intimate topics such as dating and acquiring and maintaining friendships. The chapters are structured around real-life scenarios and the challenges they present, followed by step-by-step solutions and suggestions. A final section provides a set of practical self-help tools, which encourage the reader to note down answers to the questions posed and record personal reflections. This accessible guide will be essential reading for teenagers and adults with Asperger Syndrome and their families, teachers, therapists, counsellors, carers, social and health work professionals.

-The book integrates the latest evidence-based research from leading scholars with personal practical advice from a mother whose adolescent has Asperger Syndrome and from a young man who has Asperger Syndrome. -Written by professionals, one of whom is also a parent of a child with Asperger's. -Lifespan approach from early childhood to adulthood

-Contains both research content as well as practical, first-hand advice with chapters written by parents, as well as a first-hand account of growing up with Aspergers.

Will Attwood was finishing a three-year sentence in prison when he was formally diagnosed with Asperger's syndrome for the first time. After his diagnosis he recognised just how much it had been affecting his life behind bars. This book is a practical advice guide for people with autism who have been sentenced to time in prison. Will shares his first-hand knowledge of what to expect and how to behave within the penal system. He sheds light on topics that are important for people with autism, answering questions such as: How should you act with inmates and guards? How do you avoid trouble? What about a prison's environmental stimuli may cause you anxiety? His thoughtful, measured writing debunks rumours about daily life in prison, and the useful tips and observations he offers will help anyone with autism prepare for the realities of spending time incarcerated, and be enormously helpful to those working with offenders on the autism spectrum.

The Official Strategy Guide for Teens with Asperger's Syndrome and Nonverbal Learning Disorders

Asperger's Syndrome For Dummies

The Other Half of Asperger Syndrome (Autism Spectrum Disorder)

An Owner's Manual--What You, Your Parents and Your Teachers Need to Know: An Interactive Guide and Workbook

An Asperger's Syndrome Study Guide for Adolescents

The Mom's Guide to Asperger Syndrome

A Practical Guide to Adult Diagnosis and Beyond

Adults with Asperger Syndrome (AS) often have difficulties acquiring relationship skills due to the defining characteristics of the syndrome, experiences with peers during childhood and adolescence, and the expectations of their partners. However, an increasing number do go on to achieve happy and successful long-term relationships with non-spectrum (NS) partners. This supportive book will give NS partners a better understanding of NS/AS relationships, and of what other NS partners have found to be helpful in terms of better understanding themselves and their partners, and enriching their relationships. Drawing on interviews with over 100 people in NS/AS relationships, as well as on their own experiences of having family members on the autism spectrum, the authors explore the key differences which may impact upon AS/NS relationships, such as communication, social skills, and sensory issues, and offer tried-and-tested advice on how to surmount difficulties and make things work. The book includes chapters on coping with stress and meltdowns, parenting, positive AS qualities and how to use them to their full advantage in a relationship, as well as advice on how the NS partner can ensure that their own needs are met. This book will provide support and encouragement to those in a relationship with someone who has been diagnosed with AS, or who is suspected of having AS, and will also be a useful resource for counsellors and other professionals who wish to deepen their understanding of AS/NS relationships.

Annotation "In this book, Wendy Lawson guides others on the autism spectrum through the confusing map of life, tackling the building bricks of social existence one by one with humour, insight and practical suggestions."

If you only buy one book to improve your life this year, make it this one. Temple Grandin, Liane Holliday Willey, Anita Lesko, Stephen M. Shore, and many other Aspie mentors, offer their personal guidance on coping with the daily stressors that Aspies have identified as being the most significant, in order of urgency - anxiety, self-esteem, change, meltdowns, depression, friendship, love, and much, much more. Based on years of personal experience, this book is packed with advice from Aspie mentors who have all been there and done that! World expert Dr. Tony Attwood rounds up each chapter with professional analysis and extensive recommendations. He includes essential information on destructive strategies that may look attractive, but that have counter-productive effects. Including full color artwork from Aspie artists showing visually how they interpret each stressor, this is THE inspirational guide to life for young adults, the newly diagnosed, and as a life-long reference for anyone on the spectrum - written by Aspies for Aspies.

Asperger's SyndromeA Guide for Parents and ProfessionalsJessica Kingsley Publishers

A Parent's Guide to Asperger Syndrome and High-Functioning Autism, First Edition

What Is Asperger Syndrome, and How Will It Affect Me?

The Essential Guide: Adult Aspergers, Aspergers in Adults, Adults with Aspergers